



Mettawee Messenger

October 29, 2020 Principal: Brooke DeBonis 645-9009

Principal's Corner:

Parking Lot Safety



We have noticed that some parents are passing cars that are unloading students when we are dropping off in the morning. Please be patient, stay in line, and do not go around cars that are unloading students.

We are concerned that when a student is opening the door, he/she could get hit if a car is going around the vehicle. The line moves quickly so please wait in line until it is your turn to move forward to the main entrance.

i-Ready

We are planning on sharing the results of this assessment with parents the week of November 9th. If you have any questions about this assessment you can reach out to Mrs. DeBonis at 645-9009.



November Lunch Menu

Please be on the lookout for the NOVEMBER menu following your electronic Mettawee Messenger. We will print it for next week when we have other papers going home in a Big Blue Folder.

There are some exciting new hot lunch options and our kitchen is working hard to provide our students and staff with a feast for Thanksgiving!



Halloween Celebration

We encourage all of our students and staff to wear Halloween colors or

Halloween shirts on

Friday, October 30th. We will **NOT** be having a parade which is our usual tradition but we will have something special planned.

Unfortunately, **NO** parents will be invited to the celebrations this year. Please, **NO COSTUMES** so we can assure that everyone is safely masked and hands are easily cleaned. We ask that there be **NO FOOD** from outside the building. We thank you for your understanding as we navigate through these challenging times with safety and care in the forefront of our thoughts.



We are **WELCOMING** back almost 20 Distance Learners on Monday, Nov. 2nd!

- Please be sure that your child has their COVID Screening sheet!
- Please have your child wear a comfortable two ply mask, maybe even have a spare mask in case they feel like they need a fresh one.
- Please pack an extra set of clothes in their backpack since we go outside A LOT, even when it's wet.

We can't wait to see you all.





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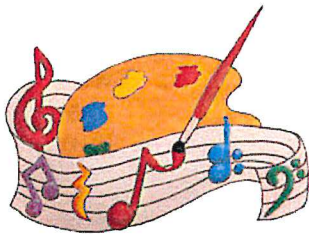
VT Travel Map

PLEASE check the [ACCD Travel Map](#), regularly.

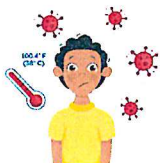
If your child travels to any of these areas for leisure activities such as but not limited to apple picking, dance lessons, sports, funerals, eating out, etc they will be required to quarantine and will not be allowed to attend school in person.

Visit the Vermont Department of Health website if you have further questions or call the school at 645-9009.

To minimize COVID exposure to our Unified Arts Teachers we have been working on a 6 week specials cycle this year. If your child currently has Music, starting November 2nd they will have Art. If your child currently has Art, starting November 2nd they will have Music. If your child has Guidance classes right now, they will not have Guidance lessons for the next 6 week block starting November 2nd.



Don't forget to make your COVID Screening part of your morning routine!



If your child arrives at school without their screening form we will call home for that important health information. Please keep us all safe and remember to do your screening.

Don't forget to do your Attendance!



If your family needs another blue COVID Screening pad please reach out to Mrs. Chalmers or Mrs. Hammell and we will send one home with your child.



SAVE THE DATE

November 2nd - 1st Date to return to in person learning for our distance learners

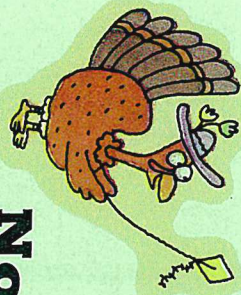
November 11th - NO SCHOOL Veteran's Day

November 25-27th - Thanksgiving Break

December 23rd-January 1st - Holiday Recess

Happy Halloween from the Mettawee School!



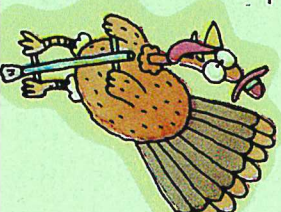


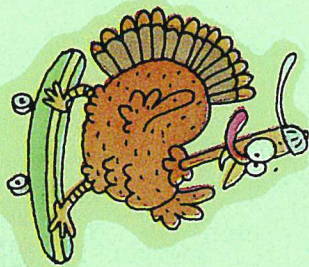
November School Lunch Menu: "Room Service" & Meals for "Pick Up" @ METTAWEE

School Meals Are FREE to all students (through June)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	3 Tuna Boats Chunk-like Tuna and Mayo on a Hotdog Roll. Lettuce & Tomato. Fresh Fruit & Vegetable, Tortilla Chips.	4 Chicken Ranch Wrap Breaded Chicken Tenders & chopped Romaine with Ranch Dressing. Fresh Fruit & Vegetable, Oyster Crackers.	5 Sloppy Joes Local ground Beef simmered in a tangy Tomato-Veggie Sauce. Served on a Bun. Side of Corn and Fresh Fruit.	6 Turkey Sandwich Deli Turkey and Cheddar Cheese on a Wholegrain Bread. Fresh Fruit & Vegetable, Kettle Chips.
9 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	10 Chicken Cordon Blue Breaded Chicken Breast on a Hamburger Bun with a slice of Deli Ham & melted American Cheese. Fresh Fruit & Veggie.	11 No School Veterans Day	12 Hotdog in a Bun Kayem Beef & Pork Hotdog in a Bun. Side of Roasted Potatoes and Corn. Sun Chips and Fresh Fruit.	13 Turkey Sandwich Deli Turkey and Cheddar Cheese on a Wholegrain Bread. Fresh Fruit & Vegetable, Kettle Chips.
16 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	17 Chicken Salad Sliders Diced cooked Chicken, Mayo, Celery & Grapes served with Wholegrain Dinner Rolls. Fresh Fruit & Veggies, Sun Chips.	18 Tuna Boats Chunk-like Tuna and Mayo on a Hotdog Roll. Lettuce & Tomato. Fresh Fruit & Vegetable, Tortilla Chips.	19 Macaroni & Cheese Homemade Mild Cheddar Cheese sauce over Pasta Shells. Baked Sweet Potato from Laughing Child Farm.	20 Cheeseburger Beef Patty on a Hamburger Bun with melted American Cheese. Side of Roasted Potatoes. Sun Chips and Fresh Fruit.
23 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	24 Thanksgiving Lunch! Roast Turkey, Mashed Potato, Squash, Dinner Rolls, Corn, Cranberry Sauce and Pumpkin Bread.	25 No School Thanksgiving Break	26 Happy Thanksgiving!	27 No School Thanksgiving Break

Each Lunch Meal is served with rotating Fresh Fruit—Local Apples, Orange Wedges or Bananas AND rotating Fresh Vegetables—Carrots, Cucumbers, Celery, Broccoli, Grape Tomatoes or Bell Peppers. Daily "Meal Alternative" is a Bagel, Cream Cheese, Cabot Cheese Bar & Organic Yogurt. School Meals are also available for Pick-Up (please email Kelly Foster, kfoster@brsu.org) Thanks!





November BREAKFAST Menu: "Room Service" & Meals for "Pick Up" @ METTAWEE

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal & String Cheese Cereal (Multi-Grain Cheerios, Frosted Mini Wheats, or Rice Chex) and a String Cheese. Milk, Juice, and Fresh Fruit.	Bagel & Cream Cheese A Warm Wholegrain Bagel with Cream Cheese Milk, Juice, and Fresh Fruit.	Cereal & String Cheese Cereal (Multi-Grain Cheerios, Frosted Mini Wheats, or Rice Chex) and a String Cheese. Milk, Juice, and Fresh Fruit.	Yogurt & Granola Parfait Cabot Vanilla Greek Yogurt topped with homemade Granola and fresh or frozen Berries. Milk & Juice.	Homemade Muffin Blueberry or Banana Bread Muffin. Milk, Juice, and Fresh Fruit.

A School Breakfast Meal will be offered to ALL Students at NO cost (or save as a "snack" if breakfast is eaten at home).

Please Contact Kelly Foster, Food Service Director, with any questions about the School Meals Menu: kfoster@brsu.org Thank you for eating with us!
This Institution is an Equal Opportunity Provider

