



Mettawee Messenger

October 28, 2021 Principal: Brooke DeBonis 645-9009

Principal's Corner: Soccer

A special thank you goes out to Mrs. Webb for being an amazing Athletic Director at Mettawee. She worked hard to recruit coaches, schedule games, find referees, and manage the daily communication for the soccer program. Thank you to all the coaches, parents, teachers, and referees, for all coming to collaborate to make sure our students had the opportunity to play soccer this fall. I loved to see the students laughing, socializing, running, and working together on the field. The students have made so much growth this year in their soccer skills. We are so lucky to have a K-6 soccer program at Mettawee.



Fall Events

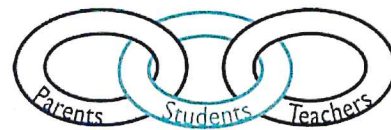
Based on the safety of our students, staff, and the seniors in our community, we will not be hosting our Veterans Day Social, our Thanksgiving Feast, or our All-School Play. It makes me so sad that we cannot welcome our community into our building for these special events. We will have the opportunity to acknowledge Veterans Day at our All School

Meeting and plan on creating cards for the seniors that would have been invited to our Thanksgiving Feast. We are hoping that we will be able to have these events next year.



Parent/Student/Teacher Conferences

Conferences will be **TOMORROW** - October 28th and for preschool October 28th and 29th. There will be **NO SCHOOL** tomorrow - just an expectation that you come to conferences.



Halloween Parade

We invite you to join us for our Halloween Parade on Friday, October 29th at 1:30. Children should come to school in their regular clothing - there will be time after lunch to get ready for the parade. Your child should be able to independently get into their costume and the costume should accommodate wearing their mask for covid safety. Please leave any prop weapons at home.

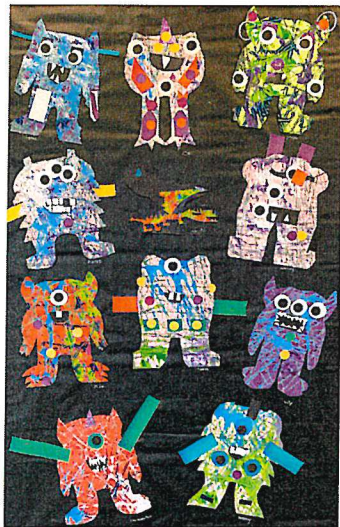
Guests will not be allowed into the building. This decision was made to help keep our community safe and aid in contact tracing. **If you would like to take your child after the parade, please send in a note in the morning** so we can reduce the chaos and have them ready to go.





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Art classes are
getting into the spirit
with spooky
kindergarten haunted
houses, frightening
1st grade monsters
and perfect 3rd grade
pumpkins



There will be **No Preschool** on
Tuesday, November 23rd.



Thanksgiving Feast

We closed the 2020-2021 school year with great hope that this year would return us to normal traditions that fill our hearts with community and connection. Unfortunately, the coronavirus is still with us and things aren't back to normal just yet. It is with heavy hearts that we announce that we will not be hosting our beloved Thanksgiving Feast again this year due to ongoing coronavirus concerns.

Our message of gratitude and thankfulness will be alive in the building as we navigate through this pandemic knowing that we have the support of our community and a commitment to keeping our friends, neighbors, family members, and each other safe and healthy.



Fall Back 1 Hour



**Don't forget -
turn your clocks
back
Sunday,
November 7th**



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Share the Warmth Clothing Drive

Save the Date!!

November 20th & 21st from 9:00-2:00

at Mettawee Community School

Bring your own bags!!!



MASK MANDATORY -

regardless of vaccination status 🧐

No Mask, No Entry

Share the Warmth clothing drive and giveaway is happening this year! It's our 14th year!!

All sizes of winter clothing will be accepted along with outerwear, accessories, bedding and shoes.

All clothing must be clean, smoke free and reusable!

Donations can be dropped off on Friday, November 19th from 8:00-4:00 **on the side of the building at the gym door** (wear a mask). *Wait till busses are clear if you come between 2:15-2:45.*

Entry and Exit to the event will be at separate doors on the side of the building coming directly into the gym.

No entry at the main entrance.

Doors will be open the entire event for air flow.

Any questions feel free to message me.

Thank you in advance, I know we can do this safely and respectfully! Our Community needs this! I need this!

Thank you in advance,

Brooke Burnham

Share the Warmth coordinator



More Escape Room fun and problem solving in the library!

Holiday Greenery Orders

Holiday Greenery order forms are due on Wednesday, November 10th so that we can have our product delivered by November 30th!



Volunteers needed! Please contact Brooke Burnham if you can help. You can reach her at 802-342-6377 or email her at bburnham@burrburton.org



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Deadline is approaching - JISP & KAPS SKI PROGRAM



The deadline for registration without a \$50 late fee is **November 1st** although registrations will be open until November 27th. There

will be a JISP informational meeting at MEMS on Thursday, October 28th if any parents are interested in attending and learning more. Scholarships are still being collected but need to be turned in ASAP. If you need a scholarship application there is one following the Messenger that can be printed out or you can call the school and we can send one home with your child. Our JISP coordinator is India Farmer. She will be reaching out to coordinate drivers for students who need a ride. There will be no bus transportation to the mountain.

VOLUNTEER INSTRUCTORS are still needed! Reach out to the Bromley Outing Club if you are interested. Mettawee will be closing at 11:40 each Friday during JISP. This will be professional development time for our teachers and staff and an opportunity for enrichment for our students.

[link to JISP/KAPS information](#)

Information from Riley Rink about Friday afternoon ice skating will be coming home next week.



- October 26th - 5th Grade to Starbase
- October 28th - Parent Teacher Conferences
- October 28th - No School
- October 28th & 29th - Preschool Conferences
- October 29th - Halloween Parade at 1:30
- November 2nd - PTO Meeting at 2:45
- November 24th - 26th - Thanksgiving Break
- November 29th - Picture Retake Day



Leaf prints by 5th Grade



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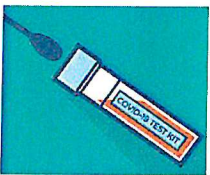


COVID-19 Question of the week!

Answers to some Commonly asked
COVID19 Questions

*When will PCR test kits be available at school?

The Mettawee Health Office now has some Covid-19 PCR test kits for use by staff or students. These would be used for a person who develops cold-like symptoms as a testing option rather than finding a local testing site or having to wait for an appointment. The self-administered test will be sent for processing via UPS and results will come back a few days later. **We can send these tests out from school via UPS. If you send them out through the school they need to be at the school by 11:00am. These tests could also be for someone in quarantine who has had a close contact, or for family members of positive cases. Please reach out to Mandy Mayer at mmayer@brsu.org or call her at 645-9009 if you have any questions or need to request a test kit.



At this point there is a limited supply but we hope to have more test kits available once things get rolling and logistics get worked out.

Visit us again next week for another
COVID-19 Question of the day!



IF YOUR CHILD IS SICK...

#1 - STAY HOME - if

you send your child to school not feeling well
(headache, stuffy nose, cough...) we WILL send
them home.

#2 - If the symptom lasts for less than 24 hours
you may send them back to school the next day. We
will be happy to have them back!

#3 - If the symptoms last for more than 24 hours -
EVEN IF THEY SEEM VERY MILD AND YOU WOULD
NORMALLY NOT BRING THEM TO A DOCTOR - Please
schedule a covid test or a visit to your child's
doctor. We do NOT want to see them back at school
unless they have had a covid test or have an
alternative diagnosis in writing from a doctor.





#4 - If you choose to not test - your child can
return to school only after **10 full days** from the
onset of their symptoms.
Even if your child is feeling totally better, unless
they have had a covid test, have an alternative
diagnosis from a doctor, or it has been 10 days
since the first day they were feeling sick, we do not
want them back at school.

We are doing our very best to keep
sickness out of our classrooms and to
keep our school open. We thank you
for your patience and cooperation.



Mettawee Community School

Serving Scratch-Made School Meals to Nourish Our Kids

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Popcorn Chicken Lightly Breaded Whole Grain Popcorn Chicken. Served with Baked Potato Wedges & Seasoned Broccoli and a Whole Grain Dinner Roll. Fresh Fruit	2	Brunch for Lunch Whole Grain Waffles served with Local VT Maple Syrup. Sides of Sausage Links, Carrot & Celery Sticks and Fresh Fruit	3	Grilled Cheese & Tomato Soup Whole Wheat Bread & American Cheese. Tomato Soup is a smooth puree of Diced Tomatoes, Fresh Vegetables, Veggie broth, and Half & Half. Served with Celery & Carrot Sticks	4	Goulash Pasta Whole Grain Elbows Mixed with Seasoned Ground Beef, Cheddar, Marinara, and a bit of Cabot Sour Cream. Side of Roasted Green Beans & Homemade Cornbread.	5	Tuna Salad Sandwich Creamy Tuna Salad served on a Whole Grain Roll with Lettuce and Tomato. Served with Whole Grain Sun Chips, Carrot & Celery Sticks & Homemade Hummus. Fresh Fruit.
8	Breaded Fish Sticks Flakey Alaskan Pollock Fish Fillet in a Light Breading. Sides of Crinkle Cut Sweet Potato Fries, Creamy Coleslaw & Whole Grain Dinner Roll. Fresh Fruit.	9	Beef Nachos Whole Grain Tortilla Chips, Seasoned Beef & Black Beans, Shredded Mozzarella Cheese. Served with Brown Rice Pilaf, Seasoned Corn, Salsa & Sour Cream. Fresh Fruit.	10	Pizza Whole Grain Crust with Shredded Mozzarella Cheese and Marinara Sauce. Plain, Pepperoni, or Veggie. Side Caesar Salad & Cucumber Coins. Fresh Fruit.	11	No School Veteran's Day 	12	Turkey Sub Oven Roasted Turkey & American Cheese on a Whole Grain Sub Roll. Add your own Veggies! Served with Whole Grain Sun Chips, Carrot & Celery Sticks & Homemade Hummus. Fresh Fruit.
15	Meatball Sub Italian Meatballs and Shredded Mozzarella Cheese in Hearty Marinara Sauce served on a Whole Grain Roll. Cinnamon Baked Sweet Potato Wedges and Seasoned Carrots.	16	Taco Pie Layers of Seasoned Beef & Black Beans, Cheddar Cheese, Flour Tortillas and Tomato Salsa. Served with Brown Rice Pilaf, Seasoned Corn and Sour Cream. Fresh Fruit.	17	Pepperoni Pizza Bread Mozzarella Cheese and Pepperoni Pizza nested in Whole Grain Dough. Side of Marinara Dipping Sauce, Roasted Broccoli & Roasted Chickpeas. Fresh Fruit.	18	Spaghetti Spaghetti with Choice of Meat Sauce or Plain Marinara Sauce. Side of Whole Grain Garlic Knot and Parmesan Cheese. Served with Garden Salad. Fresh Fruit.	19	All American Sub Day Turkey, Ham & American Cheese, Add your own Veggies! on a Whole Grain Sub Roll. Served with Whole Grain Sun Chips, Carrot & Celery Sticks & Homemade Hummus. Fresh Fruit.
22	Cheese Quesadilla Whole Grain Tortilla w/ Cheddar Cheese. Served with Salsa & Sour Cream. Sides of Brown Rice Pilaf & Steamed Corn. Fresh Fruit	23	Turkey Dinner Turkey and Gravy Served over Creamy Mashed Potatoes, Mashed Maple Butter, Cranberry Sauce & Whole Grain Dinner Roll. Served with Fresh Fruit.	24	No School Day Thanksgiving Break 	25	No School Day Thanksgiving Break 	26	No School Day Thanksgiving Break 
29	Baked Cheesy Ravioli Whole Grain Cheese Ravioli Smothered in Hearty Marinara Sauce Topped with Broccoli. Steamed Broccoli. Whole Grain Dinner Roll. Fresh Fruit.	30	Soft Beef Tacos Whole Grain Tortilla filled with Seasoned Ground Beef. Served with Brown Rice, Warm Seasoned Black Beans, Romaine Lettuce, Salsa, Cheddar & Sour Cream. Fresh Fruit.						
ALL School Meals are Free to Students! White 1% or Skim Chocolate 50 (purchased separate from meals) Student Lunch \$0.00 Adult price \$4.50									
School Meals by Mettawee Chefs: Tara Williams & Lisa Olsen									
Daily Meal Alternative - 2 Choices Yogurt Meal - Stonyfield Yogurt, Mozzarella String Cheese, Annie's Organic Graham Crackers, Fresh Carrot & Celery Sticks & Apple Pasta Meal - Lettuce, Tomato & Other Seasonal Veggies, Ham, Turkey & Mozzarella Cheese. Served with a Whole Grain Roll & Fresh Fruit.									
ALL School Meals are Free to Students! Lunches Served with a Choice of Hood 1% White Milk or Hood Fat Free Chocolate Milk All Meals Served with a Daily Fruit Variety. Meal Modifications & Accommodations Upon Request ~ Menus are Subject to Change									


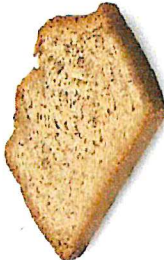



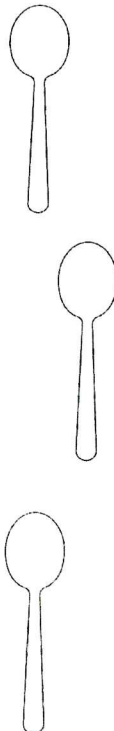
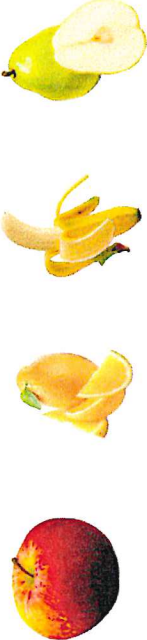
BREAKFAST

NOVEMBER 2021



Good Morning Mettawee!


















Offering Something Different Daily! Grab-&-Go Style

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>"Original Bagel" with Green Mountain Farms Cream Cheese. Fresh Fruit, Milk and 100% Juice.</p> 	<p>Whole Grain Banana Bread, Fresh Fruit and Milk.</p> 	<p>Egg and Cheese Muffin and American Cheese. Fresh Fruit and Milk.</p> 	<p>Cabot Greek-Vanilla Yogurt Parfait with Homemade Granola and Frozen Berries. Fresh Fruit, Milk and 100% Juice.</p> 	<p>Maple Burstin Mini Pancakes. Fresh Fruit and Milk.</p> 
<p>Daily Breakfast Alternative:</p> <p>Cheerios, Kix, or Rice Chex with a Whole Grain Graham Cracker, Fresh Fruit and Milk</p> 		<p>Fresh Fruit Rotates Between:</p> <p>Local Apples, Orange Wedges, Bananas, or Pears</p> 		
<p>Online payment is available!</p> <p>Visit www.mymealtime.com</p> <p>Create an account so you can view your child(ren)'s meal activity and/or make a payment or apply online for Free and Reduced Meals.</p> <p>Checks Payable to Mettawee School District, please.</p>				
<p>BRSU Food Service Director:</p> <p>Stephanie Gates</p>		<p>Breakfast Served with a Choice of Hood 1% White Milk or Hood Skim Milk</p> <p>Meal Modifications & Accommodations Upon Request ~ Menus are Subject to Change</p> <p>This Institution is an Equal Opportunity Provider.</p> <p>Paid Student Breakfast: \$0.00</p> <p>Adult Price: \$2.75</p> <p><i>Milk Only 50</i></p>		



Fresh Fruit and Vegetable Program Monthly Menu



School: Mettawee		Month: November 2021		
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8 Red Delicious Apples 	9 Broccoli Florets 	10 Red Grapes 	11 No School 	12 Strawberries 
15 Yellow Delicious Apples 	16 Zucchini Sticks & Ranch 	17 Bartlett Pear 	18 Cantaloupe 	19 Blueberries 
22 Granny Smith Apples 	23 Valencia Oranges 	24 No School 	25 No School 	26 No School 
29 MacIntosh Apples 	30 Carrot Sticks 			

Menus are subject to change!

This institution is an equal opportunity provider.



JISP Information Meeting

Thursday October 28th
Manchester Elementary & Middle School
(MEMS) cafeteria
5:00 – 7:00 PM

Please join us to answer questions about the Junior Instructional Ski Program (JISP), the Kids Alpine Program (KAP), and BART Center JISP program (adaptive program). Come see us for help with registration, scholarships, and general program information.

Deadline for sign up's is November 1st!

WE NEED VOLUNTEERS!

Great benefits (lift tickets) for instructors, drivers and on snow-coordinators.



2021/22 KAP & JISP Scholarship Application
DUE BEFORE NOVEMBER 1, 2021

Thank you for your interest in scholarship assistance for the JISP program. While we strive to keep program costs as affordable as possible, we understand that there may be circumstances where financial assistance will help ensure access to skiing and snowboarding. All children should have access to the JISP program. The Bromley Outing Club and Bromley Mountain will continue to make every effort to keep skiing and snowboarding opportunities available to every child with an interest in winter sports. Please fill out the information below and return to your Town Chairperson. Thank you.

School _____

Student's name _____ Age/Grade _____ JISP KAP

Additional student _____ Age/Grade _____ JISP KAP

Additional student _____ Age/Grade _____ JISP KAP

Address _____

Parent's name _____

If you qualify for a full or partial scholarship, we will notify you through email and then give you directions on how to finish the sign up process online.

Please print your email address legibly.

Email address _____

Please briefly explain any family or financial circumstances that you believe merit consideration:

KAP - Are you able to pay for a portion of the \$210 fee? Yes _____ No _____

JISP - Are you able to pay for a portion of the \$110 fee? Yes _____ No _____

If yes, please indicate the amount that you could comfortably contribute towards the program fee. \$ _____

Please note: If scholarship assistance is requested, the Bromley Outing Club will request scholarship assistance for rentals on your behalf. Will you need rental equipment? Yes _____ No _____

For a positive skiing and riding experience, the child must have proper clothing and accessories. At the Bromley Outing Club, we hold a reserve of gently used parkas, pants, helmets, goggles, neck warmers, and gloves/mittens. Please contact us if you need any item for participation in the winter environment.

Thank you for your interest in the Junior Instructional Snow Sports Program. Information provided on this application is confidential.

Parent Signature _____

Date _____



2021/22 Midweek School Programs

Welcome to the midweek ski & snowboard program information at Bromley Mountain. Please read the following information carefully. Midweek school program availability starts at age 6 – your child must turn 6 before January 1, 2022.

To sign up for all programs go to <https://bromleyoutingclub.sportngin.com/register/form/609215997>

All Programs

After November 1st a late fee of \$50 applies

Program registration closes on November 27

AGES 6, 7 – Skiing

KAP – Kids Alpine Program. Skiing & Snowboarding program for **ages 6 & 7 as of January 1, 2022**. Operated through the Bromley Ski & Snowboard School and taught by paid professionals.

Cost – \$205 Per student.

Questions – Contact the Ski School at 824-5522 Ext. 227 or bdavidson@bromley.com

AGES 8 & UP – JISP

JISP – Junior Instructional Ski Program. Skiing & Snowboarding program for students age 8 through 8th grade. Operated through the non-profit Bromley Outing Club and is taught by trained volunteers.

Cost – \$120 per student

Questions – Contact the BOC at 824-6498 or boc@bromleyoutingclub.com

JISP & KAP Scholarship Form

Scholarship applications are DUE before November 1st, 2021.

Please download and fill out the paper application and turn it in to your town chair. Your application will be reviewed by your school Principal and your town chair. You will be notified by email if you have qualified.

Bart Adaptive Sports

Bromley Mountain's Bart Adaptive Sports Center offers individualized ski and snowboard instruction to students who have a physical or cognitive disability. If your child has any physical or cognitive disabilities, we recommend contacting the Bart Adaptive Sports Center. All registration for the adaptive midweek ski & snowboard programs goes through the Bart center.

To sign up please go <http://www.bartadaptive.org/winter-registration-form.html>

Questions–Contact them at 802-824-6849 or programs@bartadaptive.org

Bart Scholarships - Bart Adaptive Sports Center has scholarships available for our students please contact them for more information on how to apply.

JISP Instructors & Drivers

You must sign up and be a member of the BOC to instruct or drive. The cost is \$50 for an individual and \$75 for a family.

To sign up as an instructor or driver please go to <https://bromleyoutingclub.sportngin.com/register/form/609215997>

JISP Instructors

Earn one credit for each day of teaching!!! One credit equals one ticket mid-week and non-holiday Sundays. Two credits in exchange for Saturdays and all holiday periods. Two free Stratton days. Free skiing from 11:00 am until 1:00 pm and after your class on the day you teach. You do need to use a credit to ski on Bromley JISP Sundays. You must commit to nine weeks of instruction.

Adult volunteers are always needed for the program to function.

Questions – Contact the BOC at 824-6498 or boc@bromleyoutingclub.com

JISP & KAP Drivers

Drive 3 or more JISP and/or KAP students and receive a lift ticket for \$15 on your JISP afternoon & \$20 for Bromley Sundays. All drivers must be BOC members. Shared drivers must share benefits, meaning only one can use the benefits on a given day at a time. Drivers can sign in as early as 11:00 on their JISP day. Your town chair will coordinate students.

Questions – Contact the BOC at 824-6498 or boc@bromleyoutingclub.com

2022 Program Schedule

ALL instruction begins on Tuesday, January 4th and ends on Friday, March 11th.

ALL PROGRAMS skip TWO weeks - February 14-18 and February 21-25.

Supervised instruction is from 1-3 p.m. during the above dates.

There is no JISP or KAP supervision from 3-4 p.m.

JISP classes are not offered to High School students grades 9-12. They can take advantage of the teen student afternoon pass. Please contact Bromley for more info. The Bart Center will accept and instruct grades 9-12.

JISP Sunday Schedule

At Bromley Sunday JISP Schedule to be released ASAP – anticipate same # Sundays as in years past

At Stratton Sunday JISP schedule to be released ASAP

Snow day Policy - When school is cancelled due to a snow day, students may use their pass on their scheduled program day of the week. Drivers will need to buy a regular priced pass and instructors must use a credit. No programs/lessons if school is cancelled. There are no makeup days.

Pass Info

Questions? Call the ticket office at 824-5522 or ticketoffice@bromley.com

KAP – All students must come up to the ticket office to get their photo taken and pick up their pass. **NO preprinted passes are available.**

JISP – You have 2 choices....

1. Photo on file – If you have a photo on file from last year you can choose to use last season's photo. Your pass will be sent to your school through your town chair. You will receive a NEW pass – please do not use last years pass.

2. New photo – If you do not have a photo on file, have not gotten a pass in the past, or never been in KAP or JISP then passes are available for pickup during the times below.

Pass Pick Up Dates @ Ticket Office

November 8 - 12 from 1pm – 5pm.

November 15 – 24 Mon – Fri from 1 - 5, Sat & Sun from 10 - 2

November 26 - December 1 from 12:30 – 4:00

Must pick up passes before December 1 or be charged \$20.00

December 2 through opening, Mon. – Fri. 9:00 until 3:30, Sunday's 1 – 4

LATE FEE

You must come pick up your pass before December 1 or you will be charged a late fee of \$20 and you will not be taken in line before a season pass holder.

December 2 – Opening Mon-Fri: 9:00 - 3:30 Sunday: 1-4

(\$20 late fee applies!!!!!!) **NO JISP Pass Cards Issued after December 1 on Saturdays.** There is a \$10 replacement fee for lost Pass Cards at Bromley customer service.

Equipment Rentals

KAP & JISP

All JISP/KAP rentals are now pickup only, you may not take them home. JISP/KAP rentals are \$120 with no deposit required. If you desire to take them home, you will need to purchase a regular seasonal rental for \$220 plus a \$100 deposit.

You must come to a fitting.

Rental Fitting & Sizing Days @ Rentals

November 25 – December 24 – Everyday 8:30 – 4:30

December 21/22 – Afternoon only 12:00 – 4:30

Fitting will not be available December 25 – January 1

LATE FEE

You must get fitted before your first day of rentals or you will be charged a late fee of \$20. This includes scholarship students.

Questions – Contact rentals at 824-5522 or rentals@bromley.com

Conduct:

Lift access will be denied if you are not with your group during class times.

All participants must take instruction each week.

They are expected to conduct themselves properly and safely at all times while on the mountain property.

The staff reserves the right to suspend any student, driver or instructor from the program for misconduct