



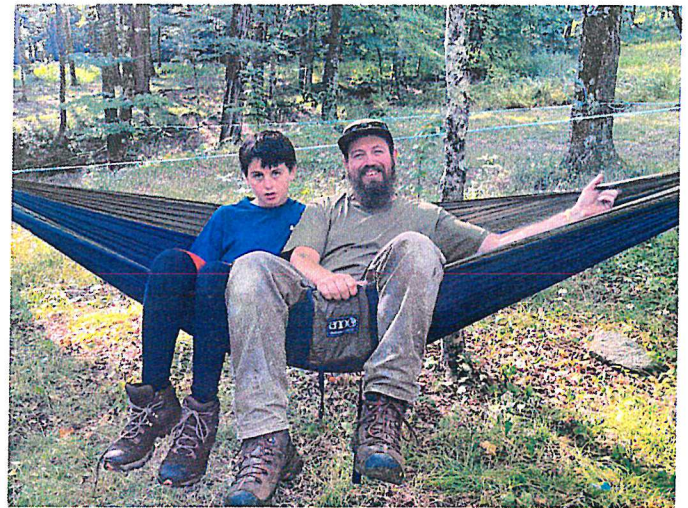
Mettawee Messenger

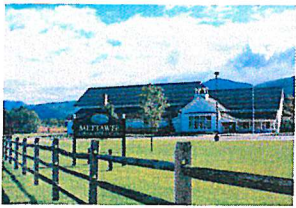
September 15, 2022 Principal: Brooke DeBonis 645-9009

Principal's Corner:

6th Grade Trip

Thank you to all the staff and parents who worked together to create a memorable 6th grade trip for our students. A special thanks goes to Heather McGann for being the lead teacher to organize the trip, for communicating with the families, for shopping for the groceries and for spending the time building relationships with your students. Thank you to Janna Webb and Kayla Moore for spending the night and for being there for the whole field trip. I would like to thank Mandy Mayer for planning and carrying out fun team building activities with our sixth graders. I am grateful that Mr. and Mrs. King hiked up to cook everyone dinner. I would like to thank all the parents that hiked up for dinner, spent the day with the students, and who camped out with the students overnight. We appreciate Merck Forest for letting us stay at The Glenn and for helping us with some of the activities on Thursday. One student shared that this trip was a great experience and he loved it. It took a team effort to make this field trip a success. Our students will always remember this overnight with their classmates, teachers, and parents!





Mettawee Messenger

September 15, 2022 Principal: Brooke DeBonis 645-9009

Due to an increase in covid cases in our community and with an abundance of caution we have decided to cancel our back to school picnic.



We continue to see increased numbers of Covid-19 cases within our school community and are trying hard to control transmission in our building.

REMINDER: If your child has any new cold/flu/allergy-like symptoms, please be sure to test them for Covid-19 prior to sending them to school. We have test kits available for symptomatic students. If you have any questions, contact Mrs. Mayer. mmayer@brsu.org or by calling the school.



4 WINDS FUNDRAISER!

PLEASE FIND IN YOUR BIG BLUE FOLDER A FUNDRAISER PACKET TO RAISE MONEY FOR OUR 4 WINDS NATURE PROGRAM.

YOU CAN SELL PRODUCTS ONLINE OR THERE IS A PAPER ORDER FORM AND CATALOGS. IF YOU ARE INTERESTED IN VOLUNTEERING FOR 4 WINDS PLEASE REACH OUT TO THE SCHOOL. **ORDERS ARE DUE BY SEPTEMBER 30TH!**

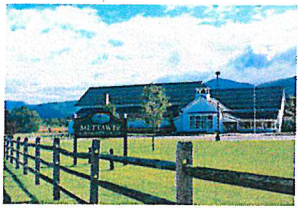
*** PLEASE MAKE CHECKS PAYABLE TO THE METTAWEE SCHOOL DISTRICT**

Library Volunteer Needed

Do you have an hour once a month? The library is looking for someone who could come in and cover books. Please reach out to Amanda Bickford if you think you can help,



abickford@brsu.org



Mettawee Messenger

September 15, 2022 Principal: Brooke DeBonis 645-9009

Books and Beyond Program Review

Books & Beyond



Greetings Community of Readers,

We will be reviewing our Books and Beyond (school-wide reading incentive program) at

our September 27, 2022, Faculty Meeting from 3:30-4:30pm in the Mettawee library and are looking for a parent/guardian or two to inform the process. Please email Mrs. Donaldson (kdonaldson@brsu.org) if you would like to join this discussion.



For updated information and event photos please find us on facebook: Mettawee Community School

Extra Clothing

Please be sure you are packing extra clothing in your child's backpack. We will be going outside as often as possible - sometimes rain or shine - for learning, brain breaks, and exercise. It is important that your child has an extra set of clothing in case they get wet and need to change.



Soccer Update:

We are optimistic about a 1st grade soccer coach and that they will begin practicing next



week. More information will be sent home once we solidify the plan. If you have any questions please reach out to Athletic Director/PE teacher Janna Webb, jwebb@brsu.org

We are looking for a ref for our home soccer games. It is a paid position. Please reach out to Janna Webb if you, or someone you know, can help out.

A game schedule for 3/4 and 5/6 will be coming home with your soccer players in your Big Blue folder. It is also attached electronically following your newsletter. Please come and cheer on the Mettawee Mountain Lions! There's nothing more encouraging than a cheering squad on the side lines.



Please consider joining the PTO!

A PTO flier is in your child's Big Blue folder. Please consider helping.



Mettawee Messenger

September 15, 2022 Principal: Brooke DeBonis 645-9009



dates to Remember

- September 21st** - All-School Mtg. led by our 5T
- September 27th** - Books & Beyond review 3:30-4:30
- September 28th** - All-School Meeting led by 4/5th
- October 7th** - No School - Prof. Development
- October 10th** - No School - Indigenous People's Day
- October 18th** - School Picture Day
- October 27th** - Evening Student Led Parent Conferences
- October 28th** - No School - Student Led Parent Conferences
- October 31st** - Halloween Parade at 1:30





Mettawee Messenger

September 15, 2022 Principal: Brooke DeBonis 645-9009



Soccer Practice Schedule

A game schedule for grades 3-6 will be sent home in a separate document.

We encourage you to reach out to your child's coach and help out in any way possible (crowd control is often a huge help!).

Kindergarten - Mondays 2:30 - 3:30

Coaches: Lyndsi Barnes and Kristen Street

First practice: Monday, September 12th

Last practice: Monday, October 17th

First Grade - ??? 2:30-3:30

Coach: Please reach out to me ASAP if you're willing to coach - it would be either Tuesdays, Wednesdays or Fridays from 2:30-3:30 - whatever works best for you.

First practice: TBD when we get a coach

Last practice: TBD when we get a coach

Second Grade - Thursdays 2:30-3:30

Coaches: Cori Brago and Lisa Hoyt

First practice: Thursday, September 15th

Last practice: Thursday, October 20th

Third and Fourth Grade - Tuesdays and Thursdays 4:00-5:30

Coaches: Spruce Shoenemann and Jill Pelton

First practice: Thursday, September 8th

Fifth and Sixth Grade

Mondays, Wednesdays, Fridays 4:00-5:30

Coach: Kristie LeVitre, Cori Brago and Caitlin Berry

First Practice: Monday, September 12th

(Information on this page may change based on weather and coach needs. Every effort will be made to notify you of any changes..)

3-4 Soccer

Game Schedule 2022

Thursday, September 22nd
Away vs. Poultney 4:30 p.m.

Thursday, October 6th
Home vs. Maple Street 4:30 p.m.

Thursday, October 13th
Home vs. Poultney 4:30 p.m.

Tuesday, October 18th
Away vs. Maple Street 4:30 p.m.

5-6 Soccer Game Schedule 2022 Season

Monday, September 19th
Home vs. Fair Haven - 4:30 p.m.

Friday, September 23rd
Away vs. Fair Haven - 4:30 p.m.

Monday, September 26th
Away vs. Poultney - 4:30

Friday, September 30th
Away vs. Fair Haven - 4:30 p.m.

Monday, October 3rd
Home vs. Maple Street - 4:30 p.m.

Wednesday, October 5th
Away vs. Fair Haven - 4:30 p.m.

Wednesday, October 12th
Home vs. Poultney - 4:30 p.m.

Friday, October 14th
Away vs. Fair Haven - 4:30 p.m.

Wednesday, October 19th
Away vs. Maple Street - 4:30

Monday, October 24th
Away vs. Truthville - 4:30 p.m.

**There might be one or two more games added to the schedule - I'm waiting to hear back from Middletown Springs.

**I apologize for so many away games at Fair Haven - they were looking for more games because they have so many players, and they are having problems finding transportation for away games.



Want to get involved?

The PTO needs your help!

We'd like to increase parent involvement for the 2022-23 school year.

The PTO sponsors events and fundraisers that support MCS students and families. We need help with events like...school dance, spirit week ideas, dollar skate, wreath fundraiser, yearbook, movie night, school garden, school merchandise sale, and more!

Please sign up to receive email updates about meetings and events! Participating via zoom is also a possibility and a link can be sent out with the agenda.

Please return the bottom half with name and email to let us know you're interested.

Even if you cannot attend every meeting, please sign up to be on our email list to receive updates and information on how to help at events.

Please Print

Name: _____ Email: _____

Areas of interest/events you'd like to help with:

Parent Permission for School Counseling
Mettawee Community School
(802) 645-9009

Dear Parent(s)/Guardian(s):

I hope you and your family have had a restful and relaxing summer vacation! As we welcome in the beginning of the 2022-2023 school year I wanted to let you know what supports I will be providing this year as the school counselor, and how you may be able to access these services for your child(ren).

I have the privilege to work with every single student in the school. This year I will be working with students at the classroom level, small group level, as well as at the short-term individual counseling level. I will also be meeting with parents, collaborating with teachers and staff, and consulting with community organizations to benefit and meet the needs of all Mettawee students.

Classroom Guidance Lessons (Social Emotional Learning-SEL) These lessons will be presented in the classroom for students in grades K-6. Lessons will teach developmentally appropriate, preventative lessons to all children. Topics will include communication, friendship skills, conflict resolution, and bullying, among others.

Group Counseling-Group counseling is provided for small groups of students experiencing similar concerns. These may include making and keeping friends, anger management, coping with separation/divorce and or loss, getting organized/study skills and/or improving self-esteem. The groups generally range from 4 to 6 students and last for 6 to 8 sessions. The students for these groups can be recommended by parents/guardians or by staff members.

Individual Counseling- This year I will also offer short term one-on-one counseling support to students in grades K to 6. Students may self-refer or be referred to the counselors by teachers/staff and/or parents. **Confidentiality is respected.**

If you feel that your student is in need of counseling support, please begin the process by contacting your child's teacher. We will then collaborate and discuss the best course of action regarding support for your child. Some students will benefit from quick check-ins, while others may need to be referred to an outside counselor. We work collaboratively with Kristie LeVitre to provide longer ongoing support of students and their families through outside therapy.

If you have any questions please reach out. I am always here to listen and provide support.

I look forward to a great school year and working with you and your family!

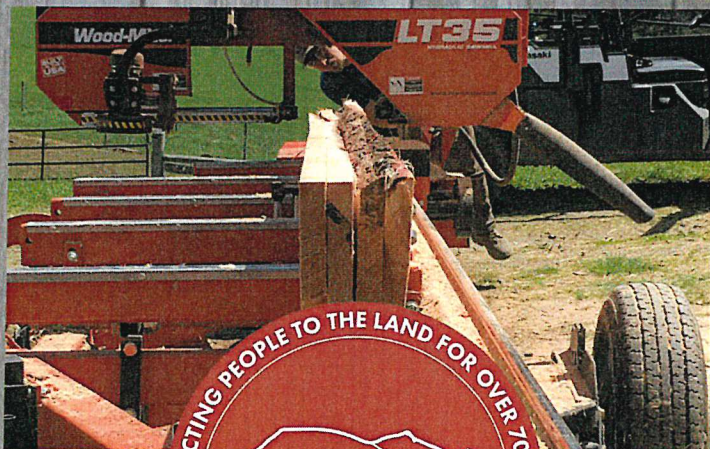
All My Best,


Colleen M. Jennings
School Counselor

Mettawee Community School

cjennings@brsu.org

518-645-9009 ext 3223



Meet a Tractor

Farm Animals

Cider Pressing

**Tree to Timber Demos &
Hands-On Activities**

Food Available



merckforest.org

Photo Credits:

HARVEST FESTIVAL



**Merck Forest &
Farmland Center**

Frank Hatch Sap House

**Saturday
September 17
2022**

10am – 2pm

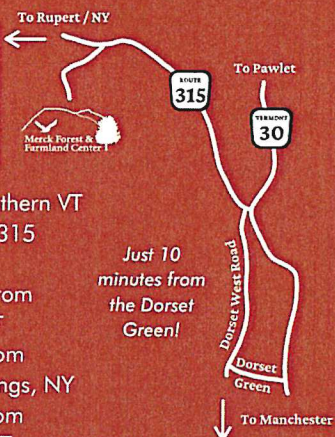
\$3/person
suggested donation

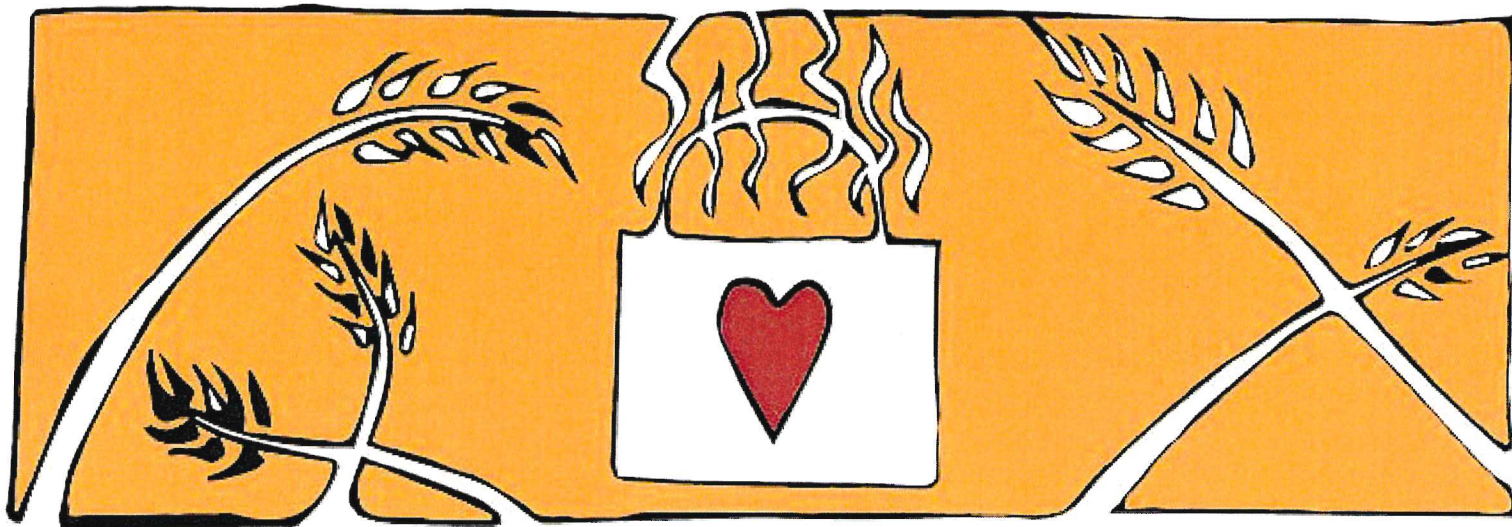
Directions



Located in Southern VT
off Route 315

- 1 1/2 hours from Vergennes, VT
- 60 minutes from Saratoga Springs, NY
- 20 minutes from Manchester, VT





EVERYONE EATS !

FREE MEALS FOR ANYONE WHO HAS BEEN NEGATIVELY IMPACTED BY COVID-19

Wednesday 9/21

COMMUNITY FOOD CUPBOARD

Pick up meals 2 - 4 PM

40 Jeff Williams Way, Manchester Center

Meals provided by The Works Café,
Moonwink & Cold Cow Creamery

Thursday 9/22

COMMUNITY FOOD CUPBOARD

Pick up meals 10 AM - 12 PM & 2 - 4 PM

40 Jeff Williams Way, Manchester Center

Meals provided by Sam's Wood Fired Pizza
& New Morning Natural Foods

ADDITIONAL FOOD RESOURCES:

For Bennington
Everyone Eats meal
delivery, contact:
Becky Arbella,
Shires Housing
(802) 442-8139 x3



Visit:
bit.ly/benn-food



For updates, visit: www.facebook.com/everyoneeatstheshires



Get ready for a

FALL HARVEST OCTOBERFEST CELEBRATION

October 8th, 2022, 10am-3pm
5 Danby Pawlet Road Danby Vermont.

Money raised will be going towards new outside play equipment at Little Angels Nursery
and Preschool

Join us for a **FAMILY FUN DAY** including
face painting, petting zoo, games, raffles,
horse rides, bounce house, maple sugar
house and food trucks

Kids under 5 \$2, over 5 \$4

