

September 29, 2022 Principal: Brooke DeBonis 645-9009

#### Principal's Corner:

#### **Cell Phone Concern**

Based on the increased use of cell phones by students in school, I have decided to include the cell phone letter in our Big Blue this week. This information is in our parent handbook, but I thought it was important to share the expectations if your child is using their phone during the school day. Please take the time to read this important information and encourage your child to make responsible decisions about using their cell phone in school.

#### **School Spirit**

We are excited to announce that Mettawee Spirit Week will be from October 11th -14th. A flier will follow your newsletter so you will know what the theme is for each day. We plan on taking our soccer team photos on Wednesday so please make sure your child wears or brings their uniforms to school for our yearbook pictures. There are two home games for both our 3/4 and 5/6 soccer teams that week. The soccer game schedule is in the Messenger on the soccer page. We will be celebrating our 6th grade players by having a special opportunity for them to show their appreciation to their families. Spirit Week is a great way to engage our students and staff in building school pride. Please try to come to cheer on our soccer players on game days.

Go Mettawee Mountain Lions!!!



#### Mettawee Vaccine Clinic

The Vermont Department of Health has offered to provide a Covid-19 vaccine clinic for kids right here at Mettawee. Please find in your Big Blue folder a Parent Survey so we can find out how many families would like to participate. More information about the clinic and about the vaccine are included in your folder.

GET

YOUR

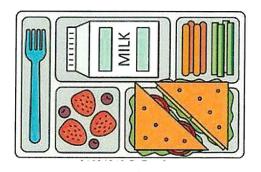
ACCINE

SHOT

Please return the survey to school by Monday, October 3rd.

#### **October Menus**

October lunch and snack menus are in your Big Blue folder!



No School on Friday, October 7th. It is a professional development day for our teachers and staff.





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#### Cell Phones

Following your Newsletter is an important letter from Mrs. DeBonis in regards to student cell phone usage in the classroom. Please read it carefully so you are

aware of the
expectation and can
have a conversation
with your children.
If you have any
questions please feel
free to reach out to

Mrs. DeBonis.





#### Wednesday, October 5th

at 2:45

All are welcome to join.

#### Letter from Mrs. Jennings









Mrs. Jennings, our school guidance counselor, has written a letter to parents explaining her curriculum for her Social and Emotional Learning

classes that began this week. If you have any questions please feel free to reach out to her.

#### **BIKE WEEK RETURNS**

We are excited to announce that the Bike
Smart Trailer will be here again this year!
Bike week at Mettawee will be
October 17th - 21st and students will have
the opportunity to improve their bike skills

through games and on bike activities designed to help them become safe and confident bike riders.



Bike riding will happen during PE classes.

There will be helmets

available and they will be disinfected between users, but if you would like to bring your own please label it clearly with your child's name.

#### Free and Reduced Lunch Application Raffle

Friday is the last day to turn in free and reduced forms on paper or online to be qualified for the nintendo switch and the wireless headphones giveaway.

Families are welcome to apply for free and reduced meals all year, but after September 30th, will not be qualified for the giveaway.





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#### **SOCCER UPDATES:**



If you have any extra cleats or shin guards laying around at home please consider bringing them in for others who are in need. Thanks!

If you've been taking pictures at practices or games please send them to Heidi Hammell at <a href="mailto:hhammell@brsu.org">hhammell@brsu.org</a> so we can begin building a soccer yearbook page!

#### **GAME SCHEDULE**

**3/4 Team** 

Thursday, October 6th Home vs. Maple Street at 4:30

Thursday, October 13th Home vs. Poultney at 4:30

Tuesday, October 18th Away vs. Maple Street at 4:30

#### **5/6 Team**

Friday, September 30th Away vs. Fair Haven at 4:30

\* Monday, October 3rd \* Maple Street game rescheduled

Away vs. Middletown Springs at 4:30

Wednesday, October 5th Away vs. Fair Haven at 4:30

Wednesday, October 12th Home vs. Poultney at 4:30

Friday, October 14th Away vs. Fair Haven at 4:30

Wednesday, October 19th Away vs. Maple Street at 4:30

Monday, October 24th Away vs. Truthville at 4:30

Wednesday, October 26th\* Rescheduled game

Home vs. Maple Street at 4:30

If you have any questions please reach out to Athletic Director/PE teacher Janna Webb, <a href="mailto:jwebb@brsu.org">jwebb@brsu.org</a>



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Y WINDS
FUNDRAISER
ORDERS ARE DUE
TOMORROW
SEPTEMBER 30TH!

\* PLEASE MAKE

CHECKS PAYABLE TO THE METTAWEE

SCHOOL DISTRICT

#### JISP sign up time already!

Bromley Mountain JISP information is following your Mettawee Messenger. A \$50 late fee will be applied to any registration completed after October 31, 2022. Registration closes



November 30, 2022.

Riley Rink ice skating program information is now included in a flyer following your newsletter.

For those of you new to Mettawee, JISP is the Junior Instructional Ski or Skate Program. For Mettawee school, we dismiss Friday afternoon at 11:40 starting January 13th through March 10th. Our students have the opportunity to ski, skate, go home, or sometimes a variety of other options pop up in the community. JISP is NOT a school sponsored program. You can go directly to the Bromley or Riley Rink website for more information.



October 7th - No School - Prof. Development

October 10th - No School - Indigenous People's Day

October 18th - School Picture Day

October 27th - Evening Student Led Parent

Conferences

October 28th - No School - Student Led Parent

Conferences

October 31st - Halloween Parade at 1:30

November 19th-20th - Clothing Drive

November 23rd-25th - Thanksgiving Break

November 28th - Picture Retake Day

#### October theme of the month is...

Kindness & Empathy



# METTAWEE SPIRIT WEEK! OCTOBER 11-14

MONDAY

#### No School- Indigenous People's Day



TUESDAY

#### Tayacakay Inesdayl



WEAR YOUR POLKA DOTS AND STRIPES! MISMATCHED COLORS! SILLY SOCKS AND PIGTAILS.... TACKY AND WACKY DAY!



WEDNESDAY - METTAWEE SPIRIT DAY

#### Spirit Day! Wear your BLUE and GREEN!!!

SHOW YOUR TEAM SPIRIT AT OUR 5/6 HOME SOCCER GAME AGAINST POULTNEY @4:30!



#### THURSDAY- DRESS ALIKE DAY!

SHOW YOUR TEAM SPIRIT AT OUR 3/4 HOME SOCCER GAME

AGAINST POULTNEY @4:30!

FRIDAY - Hat Day! Wear your favorite hat today!





5788 VT Route 153 West Pawlet, VT 05775 (802) 645-9009 Fax (802) 645-0907

September 2022

Dear Parents/Guardians;

After much discussion and thought, we have decided as a leadership team that all cell phones and personal devices must be powered off and not on a student's person during the school day. Social media, gaming, and the availability of constant communication is posing a serious distraction from teaching and learning. The use of these devices disrupts the learning environment and we believe it is in the best interest of our learners to limit their access. If students need to reach their parents, the phone in the main office is available for their use. If parents need to reach their children, they may contact the school's main office. We will relay any emergency messages to students throughout the day.

#### If the procedure is not followed by a student, the consequences are as follows:

*First Offense:* Cell phone/personal device is confiscated and given to the principal for the day (Office Discipline Referral)

**Second Offense:** Cell phone/personal device confiscated, given to the principal for the day followed by a phone call home (Office Discipline Referral)

**Third Offense:** Cell phone/personal device confiscated, given to the principal for the day followed by a phone call home. Parents must pick up the cell phone from the Principal's Office, the phone will not be returned to the child (Office Discipline Referral).

If a student fails to give their cell phone to a staff member when asked to do so, they will serve an immediate in-school suspension (Office Discipline Referral).

On occasion, cell phones and personal devices may be permissible if being used for an educational purpose under the direct supervision of a teacher. We know that this decision will not be a popular one with students and some parents. However, we encourage you to support us in implementing this important change, the decision was not made lightly.

Please come and ask me any questions or discuss concerns you may have.

Brooke DeBonis

Respectfully.

Principal

#### Social Emotional Learning and Second Step

#### Dear Mettawee Families:

Again this year, students will be starting Social Emotional Learning (SEL) classes, formerly called Guidance classes to learn critical skills for success in school. I will be using the *Second Step* program to teach these skills.

The Second Step program teaches students in the following four areas:

- 1. **Skills for Learning**: Students gain skills to help themselves learn, including how to focus their attention, listen carefully, and be assertive when asking for help with schoolwork.
- 2. **Empathy**: Students learn to identify and understand their own and others' feelings. Students also learn how to take another person's perspective and how to show compassion.
- 3. **Emotional Management**: Students learn specific skills for calming down when experiencing strong feelings, such as anxiety or anger.
- 4. Problem Solving: Students learn a process for solving problems with others in a positive way.

Throughout the school year, your child will be bringing home Home Links which go with several of the Second Step lessons. Home Links are simple, fun activities for you and your child to complete together. They are a great way for you to understand what your child is learning and for your child to show you what he or she knows.

If you have any questions about the Second Step program or SEL at Mettawee please feel free to contact me for more information. Thank you for supporting your child in learning everyday!

Sincerely,

Colleen M. Jennings
School Counselor
Mettawee Community School
cjennings@brsu.org
802-645-9009 ext 3223



# Are you interested in a COVID-19 vaccine clinic at our school?

Hello Families,

The Vermont Department of Health has offered to provide a Covid-19 vaccine clinic for kids at our school. <u>Please let us know below if you are interested!</u>

Where:	At the Mettawee Community School
When:	During a school day (date to be determined)
Who:	For any child who needs their first, second OR booster Covid
	vaccine
Details:	There is no cost for this clinic. Parents may choose to be present
	with their child, or have their child receive support from our School
	Nurse and staff. Nurses from the VT Department of Health will be
	administering the vaccines.
We will s	schedule a clinic if there are several families who would like this
opportu	nity.
Child(ren)	's Name(s):
Yes!	We would be interested in our child/ren receiving a Covid vaccine or
	at a school-based clinic provided by the VT Department of Health.

Thank you! Return this section to school before Monday, October 3, 2o22 Please contact Mandy Mayer, School Nurse, if you have any questions. mmayer@brsu.org

Sign parent/guardian name: \_\_\_\_\_





#### **Vermont Chapter**

INCORPORATED IN VERMONT



### What Families with Children Should Know About COVID-19 Vaccines

We understand that many people have questions about COVID-19 vaccines for their child. Below are answers to common questions parents and caregivers have asked.

# 1. COVID-19 vaccines teach our bodies how to fight off COVID-19 without making us sick.

COVID-19 vaccines give our bodies a preview of how the COVID-19 virus works so that our immune system can recognize it and fight it off. They do this by teaching our bodies to make disease-specific proteins called antibodies to protect us. COVID-19 vaccines don't give us COVID-19.

While the COVID-19 virus itself is relatively new, scientists have been studying these types of viruses, known as coronaviruses, for decades. All COVID-19 vaccines available in the United States went through clinical trials and were approved for emergency use by the U.S. Food and Drug Administration. They are recommended by medical and public health experts nationally and here in Vermont.

Millions of people have now been safely vaccinated against COVID-19, including children and teens.

# 2. Some people may have side effects from the vaccine, but they are usually mild and don't last long.

The vaccine is made to give children enough protection with the least chance of side effects. The vaccine dose for children is less than the dose for people 12 and older.

Some people will have side effects for a short time after getting the shot, while others will not feel any different. Side effects from COVID-19 vaccines are normal signs that your body is building up protection against COVID-19. The most common side effects are: Pain in the arm where the vaccine was given, fever, chills, and tiredness.

# 3. Not getting a vaccine has its own risks like severe illness, heart problems, and symptoms that don't go away.

Not being vaccinated increases your child's risk of getting sick from COVID-19. Many children will experience only mild illness, but some will get very sick and even need to be hospitalized.

Some people who get sick with COVID-19 can have symptoms that don't go away for a long time (long COVID). The most common lingering symptoms for children include fatigue, headache, trouble sleeping, trouble concentrating, muscle and joint pain, and cough.

The risk of heart inflammation (myocarditis) is greater with COVID-19 infection than with the vaccine. Myocarditis can be a rare side effect associated with the COVID-19 vaccine, but usually resolves on its own without treatment.

A rare but serious condition associated with COVID-19 infection in children causes inflammation (swelling) in their organs called multisystem inflammatory syndrome, or MIS-C. Scientists are still learning about MIS-C and how it affects children.

The best way to protect your child is by helping prevent COVID-19 infection — getting vaccinated, wearing high-quality masks, and avoiding crowded spaces.

#### 4. Getting vaccinated against COVID-19 has benefits.

COVID-19 vaccines can reduce the risk of people spreading the virus that causes COVID-19. Getting everyone eligible vaccinated can help the entire family, including siblings who are not eligible for vaccination and family members who may be at risk of getting very sick if they are infected.

Vaccines offer better protection than a previous COVID-19 infection. Unvaccinated people who already had COVID-19 are more likely to get the virus again than those who are fully vaccinated.

When kids in Vermont test positive for COVID-19, it impacts families, child care programs, and schools. Vaccinating children will protect them from serious illness and can help stop the spread of COVID-19 in our communities.

Vaccination also means more freedom, so Vermont kids can be kids. There is less worry around seeing friends and family, traveling, and going to school.

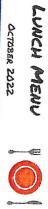
#### 5. You can help your kids feel ready to get their COVID-19 vaccine.

Parents and caregivers can play a big role in helping children feel ready for any vaccine. Talk to them about what to expect when they get the vaccine, and what might happen in the days after. They might feel a little sick for a day or two after getting their vaccine, but it won't last long.

Talk to them about how the vaccine will teach their body to fight off the COVID-19 virus, and that by getting vaccinated they are helping to protect everyone around them.

#### More information for parents and caregivers:

- Getting a COVID-19 Vaccine (Vermont Department of Health):
   www.healthvermont.gov/MyVaccine | www.healthvermont.gov/KidsVaccine
- The Science Behind the COVID-19 Vaccine: Parent FAQs (American Academy of Pediatrics): <u>www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/The-Science-Behind-the-COVID-19-Vaccine-Parent-FAOs.aspx</u>



# Mettawee Community School

				Many and which I I I want
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	tions at a subject to change
Cheesy Rovioli	Toco Pie	5	6	
violi w/ Marinara Carrots lower	Taco Pie (Local Boyden Beef) WG Brown Rice Seasoned Black Beans Salsa and Sour Cream Peas	Vermont Mople Apple French Toast Bake Sweet Pepper Sticks Local Seasoned Sweet Potato Hash	Honey Lemon Chicken Honey Lemon Chicken Brown Rice Pilaf Honey Roasted Carrots Roasted Broccoli WG Richard	No School Day
	Fruit Selection Milk	Fruit Selection Milk	Fruit Selection Milk	
No School Day	Chicken & Cheese Enchilodo	12	13	14
	Chicken & Choose Eaching	Pizzo	BBQ Grilled Chicken Sandwich	Hot Dog & Beans
No School	Chicken & Cheese Enchilada Cilantro Lime Rice Mexicali Corn Steamed Carrots	Cheese Pizzo Pepperoni Pizzo Chef Special Pizzo Caesor Solod with Romoine Gorlicky Green Beans	BBO Grilled Chicken Sandwich on WG Bun Zucchini Fries with Tomato Gravy Cobbage/Apple Coleslaw	McKenzie All Beef Fronk WG Roll Vegetorion Boked Beons Boked Crinkle Cut Fries
	Fruit Selection Milk	Fruit Selection Milk.		Fruit Selection
Grilled Cheese	Reaf Nochonist Ct	19	20	
	Sauce Nyden Beef)	Breakfast for Lunch	_	21 Buffolo Chicken Tots
Grilled Cheese on WG Bread Whole Grain Pretzels Sweet Pepper Hummus Cucumber Sticks Sticks		French loost Sticks Scrombled Eggs Sausage Links Local Sweet Potato Homefries Vermont Maple Syrup Sweet Pepper Sticks	Ham and Cheese Sub on WG Hoagie Roll with all the fixings Sun Chips Broccoli Bites	Buffalo Chicken Toter Tots Corrots & Celery Sticks WG Dinner Roll
Fruit Selection F	Milk	Fruit Selection Milk	Fruit Selection Milk	Fruit Selection Milk
-	Quesadillo 25	Pi770 26	27	28
Cheesy WG Breadsticks Marinara Dipping Souce Lemon Zest Broccoli Warm Baked Apple Crisp Fruit Selection  Milk  N	Chicken Quesadillos Corn and Tomato Salad Brown Rice Pilof Salso and Sour Cream 'Cheese Quesadilla Fruit Selection Milk	se Pizza eroni Pizza Special Pizza or Solod with Romaine cky Green Beans Selection	Meatball Sub Sandwich or On WG Bun with Mozzarella Cheese Honey Roasted Carrot Coins Cowboy Cavior (Three Bean Salad) Fruit Selection	No School Day
31				
Hounted Halloween Lunch Freoky Franks, Brought Back To Life Beans, Couldron of Corn, Jack-O- Lantern Fries, Ghostly Gropes, Blood Orange Wedges & Moo Juice,		Harvest Month		Vogelarien Operans Anstalie
(Mckenzie Hot Dogs, Vegetarian Baked Beans, Corn, Sweet Potato Fries, Grapes, Blood Oranges & Milk	İ			' Indicates vegetarian options available for main meal if kitchen is notified by 9 am.
Daily Meal Alternative - 2 Choices  Yogurt Meal - Stonylield Yogurt, Mozzarella String Cheese, Annie's Organic Graham Grackers, WG Dimar Roll, Fresh Carrol & Celary Sticks & Apple Salad Bar - Lettuce, Tomalo & Other Seasonal Yogyle's Assortment. Daily Protien Options,	ALL White 1% or Skim	ALL School Meals are Free to Students! Skim Chocolate .50 (purchased separate Student Lunch \$0.00 Adult price \$5.00	te from meals)	School Meals by Mettawee Chefs:
whole Grain Roll & resh Fruit sun dutter & Pelly - Sun dutter Belly on Whole Grain Bread and String Cheese, Served with the Vegetable and Fruit of the Day!	Lunches Served with a  Meal Modifications & A  "Thi	Lunches Served with a Choice of Hood 1% White Milk or Hood Fat Free Chocolate Milk All Meals Served with a Daily Fruit Variety.  Meal Modifications & Accommodations Upon Request ~ Menus are Subject to Change "This institution is an equal opportunity provider."	Free Chocolate Milk e Subject to Change	Tica williams Lisa Olsen & Heidi Hawkins Thank you for ealing with us!

Paid Student Breakfast: \$0,00 Adult Price: \$3.00 Milk Only .50	lood Skim Milk e Subject to Change	Breakfast Served with a Choice of Hood 1% White Milk or Hood Skim Milk Meal Modifications & Accommodations Upon Request ~ Menus are Subject to Change "This institution is an equal opportunity provider."	Breakfast Serve Meal Modifications & A "Th	Food Services Director: Stephanie Gates, SNS sgates@brsu.org
	please.	Checks Payable to Mettawee School District, please.	Checks P	
	ity and/or make a payment or sals.	Visit www.mymealtime.com Create an account so you can view your child(ren)'s meal activity and/or make a payment or apply online for Free and Reduced Meals.	Greate an account so you can vi apply	
h Fruit Rotates Between: Orange Wedges, Bananas, or Pears	Fresh Fruit Rote Local Apples, Orange Wed	BREAKFAST WILL BE SERVED DAILY IN THE CAFETERIA		Daily Breakfast Alternative: Cheerios, Kix, or Rice Chex with a Whole Grain Graham Cracker, Fresh Fruit and Milk
				Fluffy Pancakes with Warm Vermont Maple Syrup
				31
No School	Wild Blueberry Overnight Oats	Breakfast Burrito with Salsa	Fluffy Pancakes with Warm Vermont Maple Syrup	Warm Original Whole Grain Bagel and Cream Cheese
78	27	26	25	24
Whole Grain Blueberry Muffin	Fruit & Yogurt Parfait with Homernade Granola	Sausage, Egg & Cheese on a Biscuit	Whole Grain Pumpkin Bread	Fruit on a Raft (Walfles with Homemade Apple Compote)
21	20	19	18	1/
Oatmeal Choocolate Chip Breakfast Round	French Toast Sticks with Warm Vermont Maple Syrup	Ham, Egg & Cheese Croissant	Warm Cinnamon Rolls	No School
14	13	. 12	11	100
No SCHOOL	Wild Blueberry Overnight Oats	Breakfast Burrito with Salsa	Fluffy Pancakes with Warm Vermont Maple Syrup	Warm Original Whole Grain Bagel and Cream Cheese
7		5	4	
FRIDAY	THURSDAY	WEDNESDAY	(1.00 PA)	
Good Morning Mettawee!	Offering Something Different Daily! Breakfast Served in the Cafeterial			OCTOBER 2022
			D. D	BREAKEAST



# Fresh Fruit and Vegetable Program Monthly Menu



				Serving Size - 1 each
				8
				Clementine
	Serving Size - 1/2 cup	Serving Size - 1/2 cup	Serving Size - 1/2 cup	Serving Size - 1 each
No School				
28	27 Blueberries	26 Sugar Snap Peas	Honey Dew	Macintosh Apples
Serving Size - 1 each	Serving Size - 1/2 cup			24
	0000	Serving Size - 1/2 cup	Serving Size - 1/2 cup	Serving Size - 1 each
9				
Bartlett Pear	Red Grapes	Broccoli	Cantaloupe	Gala Apples
21		19	18	17
Serving Size - 1 each	Serving Size - 1/2 cup		Serving Size - 1 each	
		Serving Size - 1/2 cup		
			, · ·	
Peaches	Strawberries	Baby Carrots	Golden Delicious Apples	No School
14	13	12	11	10
	Serving Size - 1 each	Serving Size - 1/2 cup	Serving Size - 1 each	- + cacl
No School	T.		R	Serving Size - 1 each
	Banana	Cucumber	Oranges	Granny Smith Apples
7	δ	σı	4	ω
Friday	Thursday	Wednesday	Tuesday	Monday
	Month: October 2022		School: Mettawee Community School	School: Mettawee
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Menus are subject to change!







31		1	<u> </u>			
Cheddar Chex Mix (1 oz G) Fresh Fruit & 196 White Milk (8 oz Milk)	Graham or Cheddar Crackers (1 oz G), Applesauce Cup & 1% White Milk (8 oz Milk	Mozzarella String Cheese (1 oz M/MA) Orange Wedges & 100% Apple Juice (34 cup F/V)	No School	Gogurt Stick (1 oz M/MA), Fresh Fruit & 1% White Milk (8 oz Milk)	Monday	School: Mettawee
	25 Mozzarella String Cheese (1 oz M/MA) Orange Wedges & 100% Apple Juice (¾ cup F/V)	Tostito Chips (1 oz G), Tomato Salsa & 1% White Milk (8 oz Milk)	Granola Bars Apple (¾ cup F/V) 1% White Milk (8 oz Milk)	Whole Grain Sun Chips (1 oz G), Fresh Fruit & 1% White Milk (8 oz Milk)	Tuesday	School: Mettawee Community School
Menus are subject to change	Tostito Chips (1 oz G), Tomato Salsa & 1% White Milk (8 oz Milk)	Gogurt Stick (1 oz M/MA), Fresh Fruit & 1% White Milk (8 oz Milk)	Whole Grain Sun Chips (1 oz G), Fresh Fruit & 1% White Milk (8 oz Milk)	Mozzarella String Cheese (1 oz M/MA) Orange Wedges & 100% Apple Juice (¾ cup F/V)	Wednesday	
	27 Gogurt Stick (1 oz M/MA), Fresh Fruit & 1% White Milk (8 oz Milk)	Whole Grain Sun Chips (1 oz G), Fresh Fruit & 1% White Milk (8 oz Milk)	Hummus (1 oz M/MA), Veggie Sticks Fresh Fruit & 1% White Milk (8 oz Milk	6 Tostito Chips (1 oz G), Tomato Salsa & 1% White Milk (8 oz Milk)	Thursday	Month: October 2022
This institution is an equal opportunity provider.	28 No School	Granola Bars Apple (¾ cup F/V) 1% White Milk ( 8 oz Milk)	14 Graham or Cheddar Crackers (1 oz G), Applesauce Cup & 1% White Milk (8 oz Milk	7 No School	Friday	

#### PAWLET PUBLIC LIBRARY PRESENTS



#### 6 WEEK ART SERIES, AGES 8-12 Thursdays, 3pm - 5pm Starts October 6, 2022

Catherine Hunter, the Pawlet Library Literacy specialist, will be offering a sixweek art series for children 8-12 years old. In each session, student artists will choose a specific genre to immerse themselves in such as graphic arts, multimedia, collage work, drawing/painting, sculpture or cartooning. This program best fits student artists that are highly motivated and self-directed. Working collaboratively with partners or in small groups will be strongly encouraged. Completed projects will be displayed in an art exhibit at the library concluding the series.

#### 2022/23 JISP Sign-Up is now LIVE!

Your students are invited to join the Bromley Outing Club's JISP program this winter at Bromley Mountain!

The Bromley Outing Club's Junior Instructional Ski Program (JISP) was founded and is run each season to benefit local area school children. The program was started in 1951 by Sally Pabst and Betsy Fowler and has a long history of volunteerism and supporting the local community. Our aim is to make skiing and snowboarding accessible to everyone. Participation in skiing and snowboarding gets your student outside in the winter, provides an opportunity to learn a life-long sport, and learn skills on and off the snow with their peers. Students are dismissed early from school one afternoon per week and instructed to ski and snowboard by volunteers under the direction of the BOC over 8 weeks of lessons. There are great opportunities for parents and friends in the community to earn lift tickets through volunteering, much of which does not require skiing or snowboarding.

#### Who Can Join?

There are two programs offered for the Junior Instructional Ski Program with age as the determining factor. On December 31, 2022, if your student will be age 6 or 7, they will be in the KAP program. If your student will be age 8 or older (through 8<sup>th</sup> grade), they will be in the JISP program. The difference between the two programs is that the KAP students are taught by paid Bromley Mountain ski and snowboard instructors and the JISP program is taught by volunteer instructors who are trained and operate within the Bromley Outing Club organization. We are also excited that the Bart Adaptive Center will continue to offer individualized ski and snowboard instruction to students who have a physical or cognitive disability. More information is available on our website for this program along with a registration link.

#### **Key Details**

Full program details, information, and FAQ's can be found on our website at <a href="www.bromleyoutingclub.com">www.bromleyoutingclub.com</a>, or by using the QR code at the bottom of this sheet. Registration must be completed online via our website. A \$50 late fee will be applied to any registration completed after October 31, 2022. Registration closes November 30, 2022.

- The program runs Tuesday thru Friday your student's weekly attendance day is dependent upon their school's calendar. Lessons happen from 1:00-3:00pm. Students in JISP and KAP <u>may not skip their lessons or use their pass to access the lift without their instructor until lessons are complete</u>. Bromley does offer a local school discounted season pass for JISP schools, and parents are welcome to arrange for their students to go skiing or snowboarding, unsupervised and separate from the JISP program.
- The JISP 2022/23 program begins on Tuesday January 10, 2023, with the last day of the program on Friday March 10, 2023. The program does not operate during President's week school holiday (2/18-2/24).
- Students may continue skiing or snowboarding after their lesson each week from 3:00-4:00pm. This is not supervised by Bromley Mountain or the Bromley Outing Club and is permitted if parents or guardians allow their student to continue skiing with friends and trusted adults.
- Additionally, there are nine Sundays throughout the season that your student's JISP pass will give them lift access at no additional charge. These dates are posted on our website.
- Program pricing for 2022/23 is \$130 for the JISP program and \$215 for the KAP program. Financial aid is available, and scholarship applications can be found on our website. The deadline for scholarship applications is November 1 and will be awarded by November 11, 2022.
- Seasonal ski and snowboard rentals are available at a reduced rate for the program. Details are included on our website.











#### **Junior Instructional Skating Program (JISP)**

The Junior Instructional Skating Program is put on by Riley Rink each winter beginning in January and going until the first week of March. It is for students of Vermont schools, private schools, and homeschoolers in the area that have early dismissal days for recreational programs.

Students will be taught the fundamentals of recreational skating in a station based skating program. They will have structured lessons on the ice and free-time on and off the ice from 1-3 on their scheduled JISP days.

For those that register, an email will be sent out two weeks prior to the start of JISP to help you and your student to prepare.

#### Schedule

- January 3rd March 4th, 2023 (No JISP classes during Winter Recess February 20-24th, 2023)
- 2-hour classes starting at 1pm

#### Equipment

- Rental skates included in fee
- Helmets required
- Warm layered clothing strongly encouraged

#### Fees

- \$139 for a package of 8 lessons. Entrance to the Rink for JISP classes is included in the fee.
- <u>Jonathan Levin Scholarships</u> available first come, first served, to cover 50% or 100% of program fee, depending on eligibility for more information contact Joe Ferguson.
- We charge \$10 per day for an extra hour of care with a 4:00PM pick-up. Please contact Joe Ferguson to make arrangements.

#### Registration Links

- Tuesday-https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=6724&GroupID=3284450
- Wednesday-https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=6724&GroupID=3284451
- Thursday-https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=6724&GroupID=3284452
- Friday-https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=6724&GroupID=3284453

# DORSET CHURCH RUMMAGE SALE

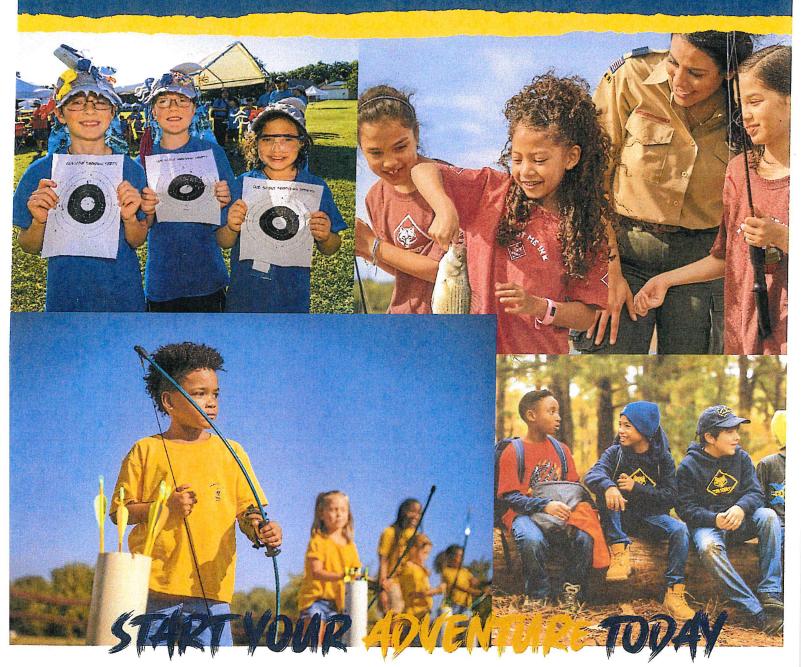


SATURDAY OCTOBER 1, 2022

9:00 A.M. - 1:00 P.M.

Outside Sales Begin at 8:30 am NO EARLY-BIRD SHOPPING!

# #ADVENTUREON





#### Come and check out the Adventure with CUB SCOUTS Pack 6044

Scouting is family, fun, friends, and a lifetime of adventure! It's the place where young people can grow to become their very best future selves.

Welcoming Boys & Girls Ages 5-11

October 6<sup>th</sup>, 2022, at VFW Pavilion- 121North St. Granville, NY at 5:30pm

More information on Cub Scouts Contact: Ashlee Zinn- Cubpack6044@gmail.com