



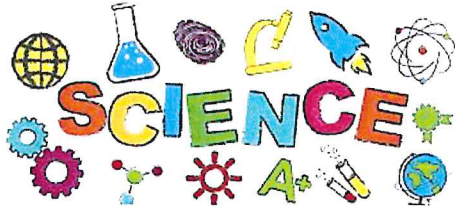
Mettawee Messenger

April 6, 2023 Principal: Brooke DeBonis 645-9009

Principal's Corner:

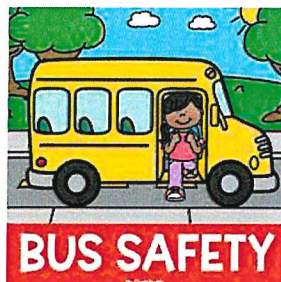
Fifth Grade VT Science Assessment (VTCAP)

I wanted to let you know that our fifth graders will be having their VT science assessment tests on April 12th and April 13th. We will have the makeup test on Friday, April 14th. They will be having their daily specials and recess time. Please be sure your 5th grader comes to school on these two days unless they are sick. It is important for your child to get the proper sleep so they can do their very best work. Thank you for supporting your child and our school during the testing period.



Bus Reminders

We will be reviewing our bus expectations with all students this week. In order to have your child ride the bus they need to be sitting safely, being respectful, and listening to the bus driver's directions. It is helpful if you could also reinforce these expectations at home as well. Moving forward we may ask your child to have a seat belt if they are unsuccessful with sitting safely in their seats. We are now planning field trips and if your child has been removed from the bus, they may not be allowed to attend the field trip with their class.



Basketball and Soccer Uniforms

If you have a soccer or basketball uniform at home, please return it to Mrs. Webb as soon as possible. Thank you!



If you have any reason to communicate with the school via email about absences or dismissal plans please be sure to include at least three people: Mrs. Chalmers - cchalmers@brsu.org Mrs. Hammell - hhammell@brsu.org and your child's classroom teacher. This way if anyone is absent we can be sure that the information gets to the appropriate people.

Let's Light Up The Night Spring Dance

April 28th 6:00-8:00

Please mark your calendars for our

\$1 per person or \$5 per family max
We are asking for non perishable food donations for the food cupboard.

There is more information following your Messenger.

Please sign up to help if you can.

<https://www.signupgenius.com/go/8050544ACA82FA1FC1-spring>





Mettawee Messenger

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April 17th - 21st - Spring Break

April 28th - Spring Dance 6:00-8:00

May 5th - Kindergarten Registration

May 5th - NO Kindergarten Classes

April Theme of the Month

Problem-Solving

3-5 Year Olds:

- *Name & Validate Emotions
- *Process Emotions
- *Problem-Solve

5-7 Year Olds:

- *What am I feeling?
- *What's the problem?
- *What are solutions?
- *What would happen if...?
- *Which one will I try?

7-9 Year Olds:

Break down problems into chunks.

- *Brainstorm together
- *Ask open-ended questions
- *Listen

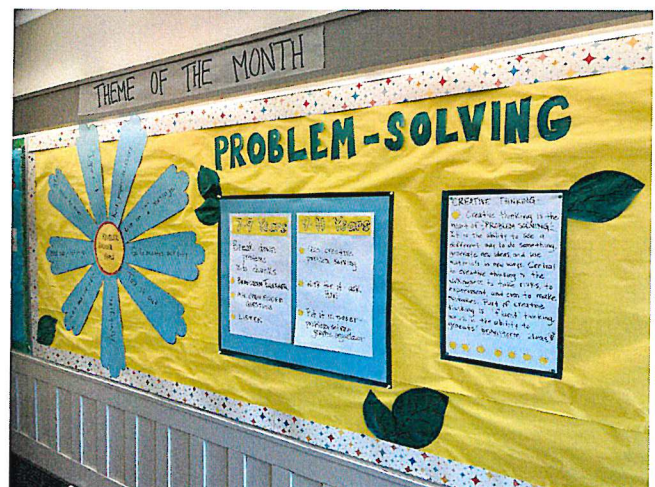
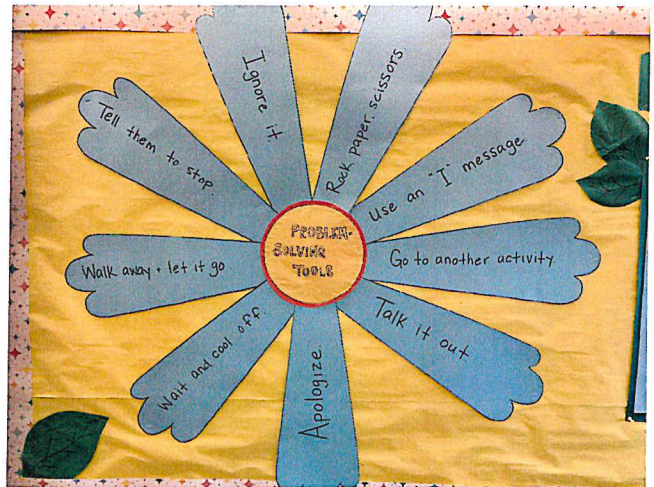
9-11 Year Olds:

- *Use Creative Problem-Solving
- *Work for it - ask HOW?
- *Put it on paper - Problem-Solving Graphic Organizer

Problem-Solving Tools

- *Wait & cool off
- *Tell them to stop
- *Ignore it
- *Walk away & let it go

- *Apologize
- *Talk it out
- *Rock, Paper, Scissors
- *Use an "I" message
- *Go to another activity

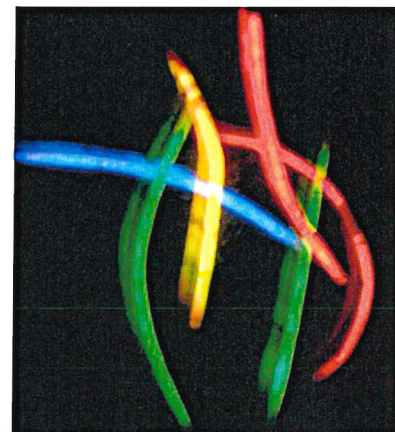


Creative thinking is the heart of problem solving.

It is the ability to see a different way to do something, generate new ideas, and use materials in new ways. Central to creative thinking is the willingness to take risks, to experiment, and even to make mistakes. Part of creative thinking is "fluent" thinking which is the ability to generate or brainstorm ideas.



LET'S DANCE THE NIGHT AWAY AT THE SPRING DANCE



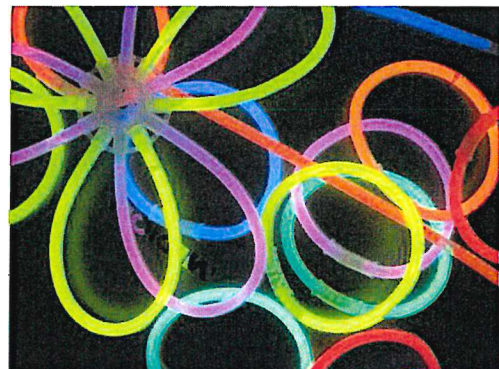
FRIDAY, APRIL 28TH FROM 6-8PM

GRADES K-6! K-3 MUST BE ACCOMPANIED BY AN ADULT

\$1 ADMISSION/\$5 PER FAMILY.



PLEASE BRING A
NON-
PERISHABLE
ITEM FOR THE
FOOD PANTRY.



Volunteers needed- Reserve your spot on the [signup genius](#)

Cyberbullying, Digital Drama, & Hate Speech



CYBERBULLYING, DIGITAL DRAMA
& HATE SPEECH

Digital citizenship: Thinking critically and using technology responsibly to learn, create, and participate

We are kind
& courageous.

Instructions

Blocking and reporting people who bully online is important. Find out how to block and report people on an app or website that allows chat. Get one or more family members together to help. Don't forget to read the setup before doing the activity together!

Setup

Read aloud, step by step: Sometimes people say and do things online that can hurt others. We need to be kind online and stand up to people who bully. And if someone is bullying us, we can stand up for ourselves by blocking and reporting them. Blocking someone who is bullying makes it so they can't chat with us anymore, and reporting means telling the site or app about the bullying behavior.

Activity

Read aloud, step by step:

- Let's open a website or app that has chat (Roblox, Fortnite, Minecraft, Animal Jam, TikTok, or a social media app). If I don't use these, my family member can open a social media app they use.
- Each site or app is a bit different, but usually tapping on the other person's picture or profile is the first step. Let's try it.
- Let's find the choices about blocking and reporting the other person.
- How can we turn off chat or have a private account? It's always best to only chat with people you know face-to-face.
- If we get stuck, we can use the Help section or search online for how to block and report on that site or app.

Learn more about how to be kind and courageous online at commonsense.org/cyberbullying-tips-for-families!

YOU'RE INVITED...
to the

MAGICAL CREATURE FROLIC!

Saturday April 8th

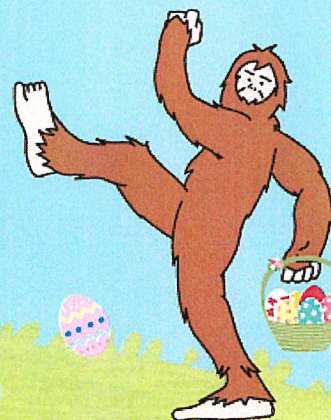
Pine Hill Park

11 a.m. - 1 p.m.

1 Mile Walking Loop to Kick Off
Come Alive Outside's Mile a Day

Find the hidden creature eggs
along the way to win a prize!

COSTUMES
ENCOURAGED

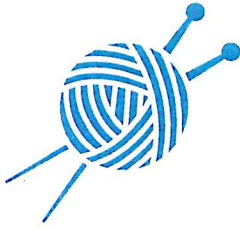


RECURRING PROGRAMS

Events added daily!

Information and registration at mclvt.org

Mondays



Homeschoolers 10+
10:00 AM to 12:00 PM

Canasta

1:00 PM to 4:00 PM

Knit Wits

3:00 PM to 4:30 PM

Fiery Froggies First Lego
League

4:00 PM to 6:00 PM

Intermediate Yoga

5:00 PM to 6:00 PM



Tuesdays



Tai Chi

9:00 AM to 10:15 AM

Story Time

10:30 AM to 11:00 AM

Kids Care Club

3:00 PM to 4:30 PM

English Language Learners

5:30 PM to 7:00 PM



Wednesdays



New Moms' Group

9:00 AM to 10:00 AM

Seated & Standing Yoga

9:00 AM to 10:00 AM

Mah Jongg Open Play

12:30 PM to 3:30 PM

After School Film Club

3:30 PM to 5:00 PM



Thursdays

Simplified Tai Chi
3:30 PM to 4:15 PM

The Check Mates
3:30 PM to 5:30 PM

Tai Chi

5:30 PM to 7 PM

Fridays

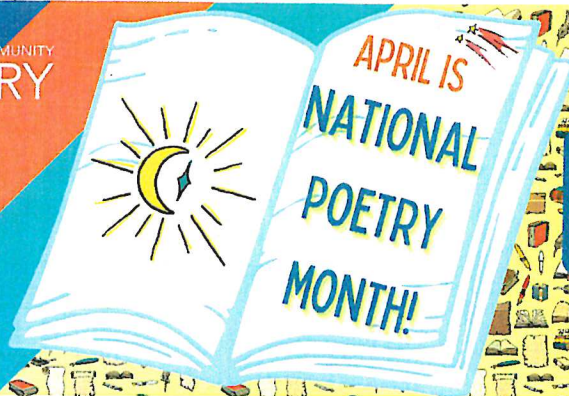
Scrapbooking
10:00 AM to 12:00 PM

Teen Dungeons & Dragons
2:00 PM to 4:00 PM

Saturdays

STEAM Saturday
11 AM to 12:00 PM

Notorious RPG
1:00 PM to 2:00 PM



CELEBRATE POETRY ALL MONTH AT THE MCL!

NATIONAL POETRY MONTH EVENTS

SATURDAY, APRIL 1ST, 1 PM | POETRY WORKSHOP WITH THE RUTH STONE HOUSE

TUESDAY, APRIL 4TH, 12 PM | AN AFTERNOON WITH WALT WHITMAN

SATURDAY, APRIL 8TH, 2 PM | MARY RUEFLE PRESENTS
"THE VERMONT PROJECT"

TUESDAY, APRIL 11TH, 1 PM | THE UNEXPECTED POET (TARASA LOVICK)

THURSDAY, APRIL 13TH, 12 PM | POEMS IN PERFORMANCE:
POEMS THAT CURE POEMPHOBIA

MONDAY, APRIL 24TH | 3 PM – BARD'S BIRTHDAY BASH
5:30 PM – SHAKESPEARE'S SONNETS
WITH PROFESSOR CAMILLE GUTHRIE

TUESDAY, APRIL 25TH, 2 PM | MOVIE MATINEE: *DEAD POETS' SOCIETY*

FRIDAY, APRIL 28TH, 5 PM | POETRY SALON:
COMMUNITY POEM & FAVORITE POEM PROJECT

MEET YOU AT THE LIBRARY!

Fun. Positive. Rewarding. And open to all levels: beginner to advanced!

THE MANCHESTER TRITONS SWIM TEAM

JOIN US THIS SUMMER!

Season: June 19 - August 6

Practices Monday - Friday mornings*

Swim meets Tuesday evenings

Open to all Northshire youth ages: 6 - 18

Sign up and learn more at ManchesterTritons.Swimtopia.com

*We know summer is busy! Flexible with vacations and other commitments.

