



Mettawee Messenger

May 25, 2023 Principal: Brooke DeBonis 645-9009

Principal's Corner:

Memorial Day Ceremony

I am so proud of our school. We did a beautiful job acknowledging our Veterans today during our Memorial Day Ceremony.

Our sixth graders did an amazing job educating our school community about Memorial Day. Thank you to Jaquon who led the Star Spangled Banner and Eleanor, Emma, Margaret, and Row for teaching us about the meaning of Memorial Day.

Thank you to all of the classroom teachers who took the time to educate our students about Memorial Day and for preparing their students who read a poem or sang a song.

We would like to thank the American Legion, and all of our students, staff, and community members for being here to reflect on how important Memorial Day is for all of us. Let us never forget how fortunate we are to live in freedom, and let us always commemorate our history and honor the sacrifices these heroes gave to protect that freedom. Let us ponder the life veterans made possible for us by their commitment and sacrifice. It is our duty to keep their legacy fresh in the memories of future generations.



Teacher Placement for the 2023-2024 School Year

Grade	Teachers
Preschool	Mrs. Waterhouse
Kindergarten	Ms. Kelly
First Grade	Miss Pierce
Second Grade	Mr. Harmon
Third Grade	Mrs. Baker
Fourth Grade	Mrs. Lea
Fifth Grade	Mrs. Thomas
Sixth Grade	Mrs. McGann
5/6 Grade Co-Teacher	Miss Dunbar

Memorial Day

There will be no school on Monday, May 29th.





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Spring Concert TONIGHT!

Thursday, May 25th at 6:00



Featuring
Kindergarten, 1st,
and 2nd Grade
Chorus, 3rd Grade
Recorder Band, 4th

Grade Concert Band, 5th and 6th Grade Chorus,
and 5th and 6th Grade Concert Band.

All K-3 Students will perform as well as 4th, 5th,
and 6th Grade band and/or chorus students.

Performers should arrive at 5:45.

K-3 students will sit with their parents after they
perform. Please be sure you save a seat for them.

4-6 students will have seats saved for them to sit
with their classmates.

Please dress your best! Dress pants or dress
shorts, skirts, dresses, button-up shirts, or plain
shirts that do not have writing on them. For safety
on the stage, we also request that students avoid
flip flops and high heels shoes.



June menus

Please look in your Big
Blue folders for the June
lunch, breakfast, and
snack menus!



Last Day of After School Program

The last day of
the After
School
Program will
be Friday,
June 9th.
Please make



arrangements for after care for the remainder
of the school year.

Last Day of Preschool



The last day of the Mettawee
Preschool Program is
Wednesday, June 14th.

LAST DAY OF SCHOOL

The Agency of Education
approved our snow day waiver
so we have confirmation that
our last day of school will be

Friday, June 16th. We will dismiss at 12:30.



Summer Camp Flier Season!

There will be a separate
email following your Big
Blue Messenger email on
Thursdays that is
specifically for Summer
Camps that happen in our
general area.





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May 25, 2023 Principal: Brooke DeBonis 645-9009



May 25th - Spring Concert 6:00

May 29th - Memorial Day - No School

June 6th - Senior Walk 12:45 - 1:45

June 9th - Last day of After School Program

June 13th - Books & Beyond Ceremony 1:00

June 14th - Field Day 12:00

June 14th - Last day of Preschool

June 15th - End of Year BBQ 11:30

June 15th - 6th Grade Graduation 6:30

June 16th - Last day of school

June 16th - 12:30 Dismissal

June 16th - GOTR / Heart and Sole Ceremony 6:00



Our students candled our eggs and it looks like we will have some chicks next week!



First Grade & Kindergarten spent the day at Merck Forest last week. How lucky are we to have Merck in our neighborhood!

LUNCH MENU

June 2023



Mettawee Community School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Meatless Monday's
Fresh Fruit and Vegetable Bar
Yogurt Meat
PB & J Meal

Loaded Potato Wedges

Loaded Potato Wedges
Vegetarian Chili
Shredded Cheddar
Steamed Broccoli
Corn Muffin
Salsa and Sour Cream

Fruit Selection

Milk

Cheesy Breadsticks

Cheesy WG Breadsticks
Marinara Dipping Sauce
Veggie Medley

Fruit Selection

Milk

Walking Taco

Nachos with Beef (Local Boyden Beef) and a bag of WG Chips
Sprinkle of Shredded Cheese
WG Brown Rice
Salsa and Sour Cream
• Nachos with Beans

Fruit Selection

Milk



Daily Meal Alternative - 2 Choices

Yogurt Meal - Stonyfield Yogurt, Mozzarella String Cheese, Annie's Organic Graham Crackers, WG Sliced Raisins, Fresh Carrot & Celery Sticks & Apple Slices
Grain Meal - WG Raisins & Other Seasonal Snacks, WG Raisins & Other Seasonal Snacks, WG Raisins & Other Seasonal Snacks
Grain Roll & Fresh Fruit - Sun Butter & Jelly on Whole Grain Bread and String Cheese. Served with the Vegetable and Fruit of the Day!

5

General Tso Chicken
General Tso Chicken
Confetti Fried Rice
Steamed Green Beans
Fortune Cookie

Fruit Selection

Milk

12

13

14

15

16

6

BBQ Pulled Pork Sandwich
BBQ Pulled Pork Sandwich on WG Roll
Crispy Baked Tater Tot
Creamy Coleslaw

Fruit Selection

Milk

7

8

9

1

Honey Lemon Chicken
Honey Lemon Chicken
Creamy Mashed Potatoes
Roasted Brussel Sprouts
WG Biscuit

Fruit Selection

Milk

1

2

7

Goulash
Beef Goulash (Local Boyden Beef)
Garden Salad
WG Garlic Knot

Fruit Selection

Milk

8

15

23

22

End of the Year BBQ
Burgers, Veggie Burgers and Hot Dogs on WG Rolls with all the fixings!
Pasta Salad
Vegetarian Baked Beans
Veggie Sticks
Watermelon
Side Kick Frozen Treat

Fruit Selection

Milk

22

23



ALL School Meals are Free to Students!
White 1% or Skim Chocolate 150 (purchased separate from meals)
Student Lunch \$0.00
Adult price \$5.00

Lunches Served with a Choice of Hood 1% White Milk or Hood Fat Free Chocolate Milk
All Meals Served with a Daily Fruit Variety.
Meal Modifications & Accommodations Upon Request - Menus are Subject to Change
"This institution is an equal opportunity provider."

School Meals by Mettawee Chefs:

Tara Williams
Lisa Olsen & Heidi Hawkins
Thank you for eating with us!

BREAKFAST

June 2023

MONDAY



Good Morning Mettawee!








Offering Something Different Daily! Breakfast Served in the Cafeteria!

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					1	
					Yogurt Parfait with Homemade Granola Fresh Fruit Milk	Whole Grain Muffin Fresh Fruit Milk
				10	11	12
			Sausage, Egg & Cheese Breakfast Sandwich Fresh Fruit Milk	Fruit Smoothie with Annie's Graham Crackers Fresh Fruit Milk	Zee Zee Smore Bars Fresh Fruit Milk	
8	9	16	17	18	19	
Whole Grain Bagel with Cream Cheese Fresh Fruit Milk	Homemade Brown Sugar Oatmeal (Warm) Fresh Fruit Milk	Egg & Cheese Breakfast Wrap Fresh Fruit Milk	Yogurt Parfait with Homemade Granola Fresh Fruit Milk	Chef's Choice Breakfast Fresh Fruit Milk		
15	16	17	18	19		
Waffles with Vermont Maple Syrup Fresh Fruit Milk	Whole Grain Breakfast Bar Fresh Fruit Milk					
Daily Breakfast Alternative: Cheerios, Kix, or Rice Chex with a Whole Grain Graham Cracker, Fresh Fruit and Milk		BREAKFAST WILL BE SERVED DAILY IN THE CAFETERIA		Fresh Fruit Rotates Between: Local Apples, Orange Wedges, Bananas, or Pears		
  				   		
Online payment is available! Visit www.mymealtime.com Create an account so you can view your child(ren)'s meal activity and/or make a payment or apply online for Free and Reduced Meals. Checks Payable to Mettawee School District, please.						
Food Services Director: Stephanie Gates, SNS sgates@brsu.org		Breakfast Served with a Choice of Hood 1% White Milk or Hood Skim Milk Meal Modifications & Accommodations Upon Request – Menus are Subject to Change "This institution is an equal opportunity provider."			Paid Student Breakfast: \$0.00 Adult Price: \$3.00 Milk Only .50	

Important Dates for the End of the 2023 School Year

Spring Concert (K-6) - Thursday, May 25 @ 6:00 (time change)

Memorial Day - No School- Monday, May 29th

4th Grade to Montpelier State House - Monday, June 5th - All Day

Senior Walk - Tuesday, June 6th - 12:45-1:45

6th Grade Class Trip - Thursday & Friday, June 8th & 9th

3rd Grade to Hildene - Friday, June 9th - All Day

Last Day of Mettawee Afterschool Program - Friday, June 9th

Books & Beyond - Tuesday, June 13th @ 1:15

Field Day - Wednesday, June 14th @ 12:00

Last Day of Preschool - Wednesday, June 14th

End of Year BBQ - Thursday, June 15th @ 11:30

6th Grade Graduation - Thursday, June 15th @ 6:30

Last Day of School- K-6 - Friday, June 16th @ 12:30

Girls on the Run Ceremony - Friday, June 16th @ 6:00





Summer's Almost Here!!

Be sure to take a break from the fun and join us for breakfast & lunch

Free Summer Meals will be available

MEMS

from July 11th - July 27th, 2023 on
Tuesday, Wednesday & Thursday

Currier

July 11th - July 20th, 2023 on
Tuesday, Wednesday & Thursday

Open to ALL children 18 & younger

One breakfast and lunch meal per child per day
Meals must be consumed on site

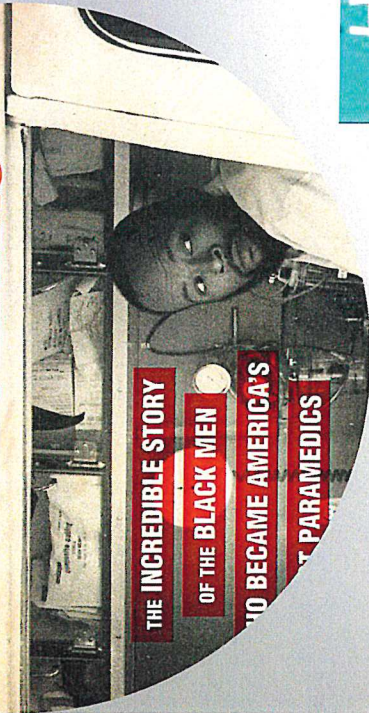
Meal Modifications & Accommodations Upon Request

Contact Stephanie Gates at sgates@brsu.org for more info
This Institution is an Equal Opportunity Provider

KEVIN HAZZARD

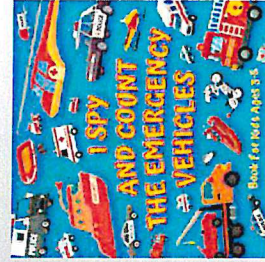
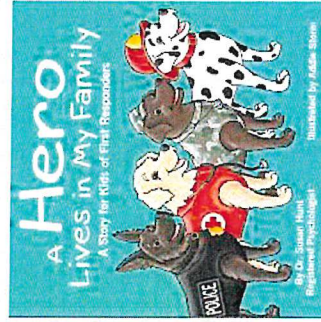
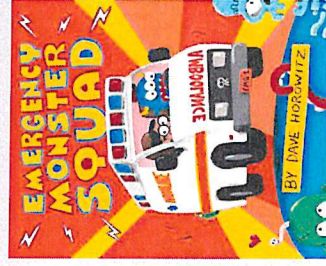
IF A THOUSAND NAKED STRANGERS: A PARAMEDIC'S WILD RIDE TO THE EDGE

AMERICAN SIRENS



EMS (Emergency Medical Services) week
is May 21-27, 2023.

We celebrate, recognize, and thank all the
providers in our community for the most
important work they do.



THE
MANCHESTER COMMUNITY
LIBRARY
YOUTH SERVICES